



WARRIOR SPIRIT

2018



Warrior Spirit Conference and Ceremony Packet includes:

Warrior Spirit Dedication Poem
In Gratitude to Our Tribal Sponsors
Special Acknowledgment
Honoring Tributes
Welcoming
Conference Ceremony & Objectives
Agenda
Background Information includes:
Conference Theme
Special Topics, Events Registration Ceremonial
Conference Planning Committee Team
Biographies of Speakers and Presenters
Traditional Healing Circle Purpose and Diagram
Maps included;
Viejas Outlet Center
Viejas Casino
Sweat Lodge location
Emergency Evacuation





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The Warrior Spirit
by
Kenneth G. White Jr., MSW

All Native Americans have the Warrior Spirit within themselves.
It is a gift from God Almighty.

Some people recognize they have it, some don't.
Those that do are true Warriors in Native society.

The Warrior Spirit is a physical, mental, and spiritual
state of being and way of life. It unconditionally recognizes, honors,
and embraces one's Native American essence; identity; and
historical and traditional foundation.

The Warrior Spirit is an intrinsic, all encompassing, embedded
character, behavior, and spiritual way of humbling and empowering
oneself through the recognition, awareness, and application of self-
respect, and the prayers and traditions of our ancestors.

The Warrior Spirit is a universal unwavering duty and responsibility
to meet the needs and ensure the wellness of
Native people and Mother Earth
as defined by the Great Spirit
from the beginning of time, to today, and in the future.

The Warrior Spirit never sleeps or rests
it is always awake, vibrant, and ready to take on any new challenge.

The Warrior Spirit is righteous and full of grace and power.
The Warrior Spirit never gives up until the goal is completed. Find,
embrace, and celebrate the Warrior Spirit within you.



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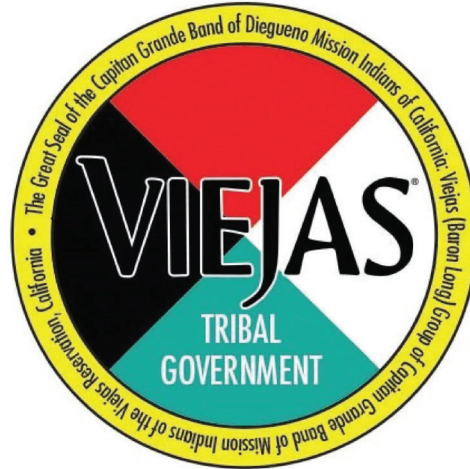
In Gratitude to our
Generous Tribal Government Sponsors



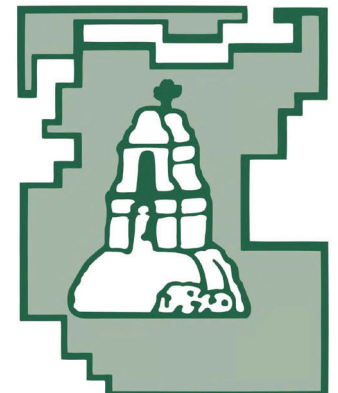
MORONGO
BAND OF
MISSION
INDIANS



A SOVEREIGN NATION



SYCUAN



PALA BAND OF
MISSION INDIANS



SAN MANUEL
BAND OF MISSION INDIANS



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In Loving Gratitude to our Warrior Spirit Planning Committee and Families

The Warrior Spirit Planning Committee would like to thank our families for their inspiration and continuous sacrifices over the last few months as we put in endless hours developing this historical event. We would like to thank Diana Pico for all of her assistance and understanding as our Chairman, Anthony R. Pico has worked non-stop, speaking in our communities and raising donations to make this event possible. Mrs. Pico has assisted in countless ways and, even through her own health issues, selflessly encouraged our leader in the purpose of healing not only our People today, but our children's children's children.

Chairman Anthony R. Pico special thanks: My heart feels profound gratitude to my loving wife, Diana Pico. In the throes of breast cancer, when terror filled her eyes, she went beyond what anyone could have because she is so courageous. There were days when she felt better and would read for hours so she could send me resources about Childhood Trauma, Resilience and Trauma Healing Modalities to keep me current. She encouraged me as no one could by keeping me focused. She consistently reminded me, we are all doing the work we were sent to do by our Creator and that is to relieve the suffering of all people. Seeing her challenged and prevail is an example of the Warrior Spirit.
Diana a truest, Champion of the People.

A special recognition of thankfulness and appreciation to the citizens of the Viejas Band of Kumeyaay Indians and our Tribal Council.
Without their support, this conference would not be possible.

It is with abundance of gratitude, respect and affection to the following tribal government sponsors for their generosity and unity: Barona Band of Mission Indians, Morongo Band of Mission Indians, Pala Band of Mission Indians, Rincon Band of Luiseno Indians, San Manuel Band of Mission Indians, San Pasqual Band of Diegueno Indians, and the Sycuan Band of Kumeyaay Indians.





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Kenneth G. White Jr. Special Thanks: I would like to thank first and foremost God Almighty and my Lord and Savior Jesus Christ for all their many blessings. Thank you to my beautiful wife Gloria, my Son Marlon, and my Daughter Margaret. I love you. Thank you to my Mom Mary Lou White for being my best adviser and the spiritual foundation of our family. Thank you to my Dad Kenneth G. White Sr. for your beautiful inspirational life, unconditional love, prayers, and wisdom. I love you Mom and Dad. Thank you to the great Native American Church and holy medicine for my identity, spirituality and personal relationship with God.

Oletha Leo Special Thanks: Eyaay ahun to many who assisted in connection, information, references, thoughts, prayer and inspiration in so many areas helping in bringing together the representative healing centerpiece, water video prayer project, speakers, poets, and over all the community—we are all each other's advocates and best teachers & remain vigilant as our beautiful ancestors with a perseverance to share and stay bonded. I appreciate my understanding husband and family for being patient within my efforts to help with conference; family support is a valuable blessing.
Much appreciation to all who are doing the good work in many areas for the greater benefit of everyone; you are cherished, valued & needed.

Dana Brown Special Thanks: My cherished daughters, Ashley and Alexa, for your unconditional love, inspirational support and belief in your Mom. As an advocate and ally, to my evolving and ever-growing tribe of peoples of many colors, I'm profoundly grateful, beyond what mere words can articulate, your loving, welcoming, gracious embrace of our hearts and souls as we transform our nation and world to one of hope, healing, and compassion.

Tamara Strohauer Special Thanks: My beloved husband Terry and daughters Amanda, Madison and Crystal for your loving support, patience, openness, courage and understanding. We continue to heal as a family through both difficult and miraculous times, and everything I am is because of your beautiful spirits continually inspiring me to learn, grow, and carry the love I feel for you into the world. To my precious Mom for watching over us all in spirit, thank you for your resilience through unimaginable trauma, and remaining so incredibly loving. Thank you to our communities whose resilience fills me with reverence beyond description, thank you for your acceptance and love, and thank you to our Warrior Spirit Family for the incredible gift of sharing this process through prayer, collaboration and blessed devotion to healing.
I am humbled and honored to be of service to you all!





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Special Thanks to:

Viejas Band of Kumeyaay Indians Support Staff Viejas Productions
V.P. of Viejas Hotel Operations and Staff Our Humble Spiritual Support Team
Stan Rodriguez for Sharing of Our Kumeyaay Creation Stories
Conor Handley for our Healing Water Video
Greybuck Espinoza Graphic Design

Our Dedicated Tribal Organizations and Community Members
Volunteer Coordinator Toddy Yates
Volunteer Event Coordinator Angela Heredia
Tribal Community Volunteers
SDSU Native American Student Alliance
SDSU School of Social Work Students and GSWA
Bobby Wallace, Barona Band of Mission Indians
Roundtable on Native American Trauma Informed Initiatives
Misty Taylor LCSW and Kianna Maillet, MPA, ASW for
Trauma Support
ACEs Connection
Oletha Leo for our beautiful raffle necklaces by Denise Redfern
The entire Kumeyaay community for your support of this
conference ceremony





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Very Special Thank You to Joe, Michael and Susan Renteria for their gift of our beautiful Dumortierite Resiliency Stones



Each of you received one of these beautiful stones for resiliency along with your conference program. Mr. Renteria will also be sharing them with you Monday evening for our Medicine Bag making. We are extremely grateful to the Renteria family for this special gift!

Dumortierite Description:

This stone helps one to overcome tough situations by bringing ease of mind, harmony, and peace. It opens the third eye chakra to enhance mental and emotional intelligence. As a learning stone it promotes mental discipline especially in regard to learning new things. Students find it useful when they're required to take in large amounts of data over short periods of time because it aids memory. As a vision stone, meditate or sleep with Dumortierite to stimulate psychic or prophetic vision. Dumortierite should be cleansed under lukewarm water and re-charge for two hours in an amethyst geode or bowl of quartz crystals.





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In Loving Memory



Tribute to Kenneth G. White Sr.

Mr. Kenneth G. White Sr. was born on September 23, 1923 in Wheatfields, Arizona.

He was a proud member of the Navajo Nation. Mr. White was a journeyman carpenter employed at Page, Arizona building a power plant in the early 1970's. Although the power plant was being built on Navajo land, he noticed there were few Navajo and Native American construction workers being hired by Bechtel, an international corporation. Bechtel was bringing their "own crew" of non-Indian workers on Indian land and basically discriminating against qualified Navajo and Native American workers by not hiring them. When Mr. White asked Bechtel officials why this employment practice was occurring he received this infamous response - "You damn Indian. This is our land." Mr. White responded, "Hey wait a minute, this is Navajo land."

Mr. White subsequently filed a grievance against Bechtel for discrimination - one man against a multi-million-dollar international corporation. He then went to the DNA Legal Services in Window Rock, Arizona to seek legal help for his grievance. As Mr. White would say years later, "I got a young man to be my lawyer, fresh out of





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college.” This man was Mr. Dan Press, who had just graduated from law school and moved to the Navajo Nation. Together Mr. White and Mr. Press created the Navajo Construction Workers

Association (NCWA), which many Navajo workers joined to protect their right to employment. NCWA’s enormous growth and powerful purpose developed into the Navajo Nation’s Office of Navajo Labor Relations (ONLR), and subsequently, into the nationwide Tribal Employment Rights Office (TERO). During the formative years of growth, Mr. White testified before the United States Civil Rights Commission and Congress to advocate and create Indian Preference, which became a federal law. Indian Preference is the federal law that mandates qualified Native Americans shall be hired at tribal, state, and federal agencies without discrimination. From 1977 to today, Indian Preference, as originally developed by Mr. Kenneth G. White Sr. and Mr. Dan Press into a federal law, has been implemented at 365 tribes and created 300,000 jobs for Native Americans nationwide.

For his humble and heartfelt efforts serving Native America, Mr. White was honored by the United States Library of Congress as a citizen who created a national impact by being nominated and voted into the national archive and included in a publication called “The Social History of the United States.” Along with other honorees in the national archive, including Dr. Martin Luther King, John F. Kennedy, Rosa Parks, and Caesar Chavez, there is a Native American hero - Mr. Kenneth G. White Sr.

Mr. White also received the Lifetime Achievement Award from the Tribal Employment Rights Office (TERO), and Canyon Records, for his recording of “Old Time Navajo Songs” which he made with his brother Edmund in the early 1970’s. Kenneth was a life long member and road man in the Native American Church and testified before Congress to support the Indian Religious Freedom Act during his life time many times. His favorite saying to his children was “God is number one.” He also encouraged his children and grandchildren to seek education by always saying to them “Go get it.”

Mr. White, at 95 years of age, went to be with God Almighty on June 28, 2018. He was married to his wife, Mary Lou, for 65 years and had 7 children – Kenneth Jr., Marlinda, Rose, Wava, Calvin, Kenita, Mary, 21 grandchildren and 19 great grandchildren.

The Warrior Spirit Conference and Ceremony is proud to honor and dedicate this event to Mr. Kenneth G. White Sr.





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In Loving Memory of Larry “Moto” Banegas, MSW

Barona Band of Mission Indians

May 19, 1949 - August 10, 2018



The Journey

A journey, there is a start and sometimes you don't
know where you're going, sometimes you have to go back.

It's the present time of the journey that is the most important to live. Look around and see the
world, see nature in the most detailed way.

Smell the air, see the sky, hear the world.

Notice self and the change inside and out.

Take the time, or you'll miss the journey.

Feel the earth and see and feel the bliss.

Each step is closer to the end.

~Moto, June 15, 2018

Through his caring and benevolent heart, Larry Banegas touched the lives of many. Larry dedicated his life to giving back and was dedicated to children, human rights, and social justice. Making sense of difficulty was Larry's life's work as a social worker, advocate, educator and healer, because Larry spent a lifetime making sense of his own trauma and that of his People. Larry's son Ethan asked that we share his father's story. Larry was largely raised by his grandmother on the Barona Reservation, but as a young boy, while living in Linda Vista with his parents and siblings, his baby sister died in her crib.





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The unresolved devastation over this loss led to their parents' divorce and severe alcoholism. "His mother would have men over, and one beat and abused my dad, something he never truly got over it. It was hard for my dad to be a father, he was never shown how and we wanted a perfect Dad." Ethan expresses understanding of his father's path, "My dad was a healer, his life growing up was pretty hard, and he figured out a way to help himself, and then to reach back and help others." Larry, as well as his sons, understand that what happened to him is attributable to historical trauma, that everything happening around him was the result of genocide not only of people, but of culture, the result of his people's removal from sacred land and sacred ways.

Larry went on to earn a Bachelor's degree in Communication from CSU-Long Beach in 1974 and a Master of Social Work degree from SDSU in 1987, in order to help and protect children like himself. As a social worker, Larry was committed to Indian Child Welfare and worked with the County of San Diego in foster care, adoptions and child protective services. In 2013, SDSU honored Larry as the CHHS Monty Award recipient, the highest award for an alumni graduate. About this he said, "The honor is important, but it's more important that my family is there and that they are proud of me. I want to remind people that they don't have to accept the world as it is, you can change things. It's important to give back – if you do well it's important that you inspire and help others." He also worked as a mental health counselor in Jamul with Native American students providing early intervention and dropout prevention services. An inspiration and role model, he helped many students with school retention and college attendance. Larry was instrumental in the growth of Kumeyaay Community College (KCC), located on the Sycuan Reservation, and where he inspired growth in many through teaching Kumeyaay Humanities. He further created a website (www.kumeyaay.com) which details the history and culture of the Kumeyaay Nation. The website includes news stories, videos and music as a source of information and inspiration, and will be continued by his sons. Larry developed the Kuseayaay (Medicine Person) Spiritual and Wellness Center at Barona, utilizing holistic and spiritual practices, along with natural medicines, to help people suffering with ailments from Lyme disease to cancer. Larry was a person who heard every word you spoke, as well as those that you did not yet know how to articulate. He was a person who saw you, saw into you, saw all that you felt inside and all that you could be if you allowed yourself to speak your truth.

He saw the pain inside you and he saw the beauty within it. Larry was a man who listened, shared his heart, opened up and gently guided people to make sense of difficult experiences.

Larry is survived by his sons, Brandon, Ethan and Zackary Banegas, all of Barona; his longtime partner, Denise Mahaffey; his brother, Bobby Banegas of Barona; his sisters, Beverly Means of Barona, Velma Schlater, Diane Bojorquez and Doris Magante of the La Jolla Indian Reservation, Linda Sanchez of Reno, and Gwendolyn Sevela of La Posta Reservation; and nine grandchildren.

We are deeply grateful to the Banegas family as we honor this great Warrior, whose multiple legacies will continue to grow, inspire and heal our children, families and communities for generations to come!





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Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony

October 7, 8, 9 & 10, 2018

Viejas Resort & Casino, Alpine, CA

Hosted by:

Viejas Band of Kumeyaay Indians

Sponsored by:

The Viejas Band of Kumeyaay Indians

Acknowledgment of Native Health Care Solutions LLC for:

Creation of Warrior Spirit Conference and Ceremony Original Concept

Welcome to the Warrior Spirit Conference and Ceremony!

Welcome to our three-day conference of discussions and ceremony focusing on understanding and healing historical trauma in Indian Country through the shared expertise of guest speakers, presenters, and conference participants. In addition to the presentations, there will be on a Sweat Lodge and Talking Circle ceremonies to pray for individuals, families, communities, and tribes impacted by historical trauma.

Over the past year, we have had a monthly conference call with the Roundtable on Native American Trauma- Informed Initiatives. This call included many committed persons who address historical trauma in their personal and professional lives. Native American elders have respectfully advised that we pause in addressing historical trauma by having a conference and ceremony from an Indigenous perspective.

The conference features insight from individuals, tribes, programs, services, and entities currently serving the trauma impacted community. Traditional Native elders of tribes will perform the sweat lodge ceremony. Plus, Native elders will offer their input, advice, and respective traditional healing perspectives and prayers.





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The Conference and Ceremony objectives are as follows:

- To have a conference from an Indigenous perspective that focuses on input and recommendations from Native speakers, traditional elders, and Roundtable on Native American Trauma-Informed Initiatives members, tribes, and organizations on how to holistically address historical trauma among rural and urban Indians.
- To develop a specific goal and plan to enhance the effectiveness of programs, services, funding, and treatment for individuals and families experiencing trauma through collaboration, input, and advice of all attendees.
- To have all individuals who have participated in the Roundtable on Native American Trauma-Informed Initiatives conference calls, respective Tribal programs and services, universities, and key entities meet each other in person and share ideas, experiences, and collaboration.
- To have a women's and men's Sweat Lodge and Talking Circle ceremonies led by Spiritual Leaders to pray for spiritual healing of individuals, families, and populations impacted by historical trauma in your service areas.

Through these objectives, the following outcomes are sought:

- Strengthening the Roundtable on the Native American Trauma-Informed Initiative group to be more effective and creating momentum to move forward with a focus and mission.
- Creating better communication and collaboration among individuals, Tribes, programs, and services to establish and enhance holistic healing of historical trauma.
- Establishing mutually agreed upon goals and plans for the group to support collectively in the future, including recognizing traditional healing as an integral component of services, networking, funding, and legislation.





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- Identifying networking, collaboration, funding, and legislative opportunities.
- Providing Tribal communities with tools to create comprehensive initiatives to address historical trauma in their communities; and trauma-informed communities, including sharing examples of tribes that have already done so.

This conference and ceremony brings together a distinguished group of Native American professionals and Elders, Native and Ally practitioners, and researchers addressing historical trauma from an Indigenous holistic healing perspective. Bringing together Indigenous Wisdom with ACEs (Adverse Childhood Experiences) science, we seek to understand impacts of historical and childhood trauma. It is our deepest hope to foster healing within not only our People and communities today, but our Children's Children's Children!

Sponsorship

The Planning Committee for the event is seeking financial donations and contributions from Tribes, universities, Virtual Learning Collaborative and the private sector. All sponsor donations are greatly appreciated and will be used specifically for the conference and ceremony costs. Expenses include honorarium gifts, lodging, and travel for presenters, food, ceremony costs, printing and mail outs, supplies for cultural activities and other related expenses.





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Agenda

Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony

October 7, 8, 9 & 10, 2018

Viejas Resort & Casino
5000 Willows Road Alpine, California 91901

Sunday October 7, 2018

4:30 pm - 8:00 pm

Conference Attendees and Presenters Informal Meet & Greet

Kumeyaay Creation Story, Stan Rodriquez, Iipay Nation of Santa Ysabel

Sunday Evening Warrior Gathering Prosper Waukon - Winnebago
(Indigenous leadership, What is it and is it relevant for Indian Country today?)

Ceremonial Games - Oak Ballroom Conference Site
with Medicine Carrier Karen Waconda - Isleta Pueblo New Mexico

Monday October 8, 2018

6:30 - 7:30 a.m. Smudging & Prayer: Available for all conference attendees and presenters.
Oak Ballroom with Dennis Alto and Kenneth G. White, Jr. MSW

7:30 - 8:30 a.m. Registration & Breakfast Conference commences

8:30 - 8:40 a.m. Opening Prayer Mary Lou White, Spiritual Leader, Navajo of White
Cone, AZ

8:40 - 8:50 a.m. Bird Singers, the Honorable Paul Cuero, PhD ad honorem,
Vice Chairman, Campo Band of Kumeyaay Indians





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8:50 - 9:00 a.m. Welcoming by Honorable Vice Chairman Victor E. Woods

9:00 - 9:10 a.m. Poem written by Kumeyaay Award Winning Poet Tommy Pico and performed by Grayson Turner, youth, Chocktaw-Chickasaw, Oklahoma from Taos Pueblo, New Mexico

9:10 - 9:40 a.m. Opening Statement "The Warrior Spirit and Indigenous Wisdom's Presence and Purpose in Healing Historical Trauma", Kenneth G. White, Jr., MSW, Native Healthcare Solutions, LLC, Flagstaff, Arizona

9:40 - 10:40 a.m. "Experiencing Trauma in Childhood and Resilience" Elders and Youth Panel (Elders Midge Svien, Elder from Viejas Band of Kumeyaay Indians and Satch Christman (Youth Connor Handley, Luiseno/Kumeyaay Band of Kumeyaay Indians and Mercedes Ruiz, Viejas Band of Kumeyaay Indians

10:40 - 10:50 a.m. Song written by Darius Watkins-Risberg and performed by Losa, Youth from San Diego (Tangerine Risberg)

10:50 - 11:00 a.m. Break

11:00 - 11:30 a.m. "Meaningful Plan for Trauma-Informed Communities", Dan Press, Attorney, Van Ness Feldman Law Firm, Washington D.C., The Roundtable on Native American Trauma-Informed Initiatives

11:30 a.m. -12:00 p.m. Traditional Healing Circle, Kenneth G. White, Jr., MSW, Native Health Care Solutions LLC, and Alex Laky, Principal, ARCHSOL, the Architectural Solutions Team

12:00 - 1:00 p.m. Lunch in Oak Ballroom & Panel SERVE: Indigenous Social Workers for Change, Tamara Strohauer, ASW; Michelle Rainer, LCSW, Yurok; Zack Zuchovsky, MA, Shirley "Kippi" Begay, MSW; Shurene Premo, Shoshone-Paiute BASW Student





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1:00 - 1:30 p.m. Joe Renteria, Cherokee Elder of San Diego shares a lifetime of resilience

1:30 - 3:00 p.m. Keynote: Vincent J. Felitti, MD, Co-Principal Investigator of the ACEs (Adverse Childhood Experiences study)

3:00 PM-3:10 p.m. “Viejas Mountain” Barbara Leo from Capitan Grande Band of Mission Indians, Viejas Group

3:10 - 3:40 p.m. Terese Yanan, Attorney, and Alexis DeLaCruz, Attorney, Native American Disabilities Law Center Legal Update: Havasupai Students vs Bureau of Indian Education

3:40 PM-3:50 p.m. Spoken word Poetry Angel Gosek, Singer/Songwriter Firefighter

3:50 - 4:20 p.m. Julie Osuna, “Building Iipay Nation: Historical Trauma & Healing” Santa Ysabel Iipay Nation, Tribal Housing Coordinator

4:20 PM - 4:35 p.m. Dennis Alto, Vera Tucker Pricilla Day and Sandra White Hawk, Discuss the Sweat Lodge Ceremony and Talking Circle Ceremony

5:00 - 7:30 p.m. Men’s Sweat Lodge Ceremony, Dennis Alto on Viejas Reservation

6:00 - 7:30 p.m. Vera Tucker, Sandy White Hawk and Priscilla Day, Ph.D. Talking Circle Ceremony at Sycamore Room

7:30 - 9:30 p.m. Monday Evening Warrior Gathering: Conference Attendees and Presenters Informal Meet & Greet: Make Your Own Medicine Bag, Sage Bundle, Sand Art and Prayer Ties, Karen Wakonda and Tangerine Risberg





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Tuesday October 9, 2018

6:30 - 7:30 a.m. Smudging & Prayer: Available for all conference attendees and presenters Oak Ballroom with Dennis Alto and Kenneth G. White, Jr., MSW

7:30 - 8:30 a.m. Breakfast

8:00 - 8:10 a.m. John Christman, Kumeyaay, singing ILLSHAA Music

8:10 - 8:30 a.m. Kenneth G. White, Jr., MSW, Morning Greetings and Agenda Overview

8:30 - 9:15 a.m. Jodene Cuero, Resilience & Traditional Philosophy

9:15 - 10:10 a.m. “Resiliency and Empowerment” - Bridging Indigenous Wisdom and Contemporary Science” Center for Mind-Body Medicine, Matt Erb. Noshene Ranjbar, MD, Donna LaChapelle, Linda Eagle Speaker

10:10 - 10:20 a.m. Poetry written By Kicking Horse, Choctaw Nation read by Dylan

10:20 -11:20 a.m. Carol Robinson-Zanartu, PhD, Decolonizing and Resilience-Building in Response to Intergenerational Trauma: Preparing Native University Scholars to Work with Indigenous Youth

11:20 -11:30 a.m. Spoken Word Poetry Anthony R. Pico PhD ad honorem Viejas Band of Kumeyaay Tribal Citizen

11:30 - 12:00 p.m. Sandy White Hawk, Sicangu Lakota, Rosebud, South Dakota and Priscilla Day, PhD, Historical Trauma

12:00 - 12:50 p.m. Lunch in Oak Ballroom, Raffle for all attendees





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12:50 - 1:50 p.m. Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office (TERO) : Indigenous Leadership

1:50 - 2:20 p.m. Wolf Diaz, “Experience strength and hope,” Founder and President of “Walk of the Warrior”, an American Indian outreach program addressing substance and alcohol abuse on the reservations

2:20 - 2:30 p.m. Break

2:30 - 3:15 p.m. Youth Voice, “ACEs (Adverse Childhood Experiences Science Healing Historical Trauma”, Dana Brown, Executive Director

3:15 - 4:00 p.m. Craig Beswick, Vice-President, Learn4Life, “Trauma-Informed Schools and Communities”

4:00 - 4:45 p.m. Panel: Champions of Resiliency with Josiah Richardson, Cilla Yafuso and Bobby Wallace

4:45 - 5:00 p.m. Closing Prayer, Women’s Sweat Lodge Ceremony Discussion, Vera Tucker, Talking Circle Discussion

5:00 - 5:15 p.m. Shuttle To Women’s Sweat Lodge Ceremony on Viejas Reservation

5:15 - 7:30 p.m. Women’s Sweat Lodge Ceremony, Vera Tucker

6:00 - 7:30 p.m. Dennis Alto, Talking Circle Ceremony, Sycamore Room

7:30 - 9:30 p.m. Guided meditation to help seek your Spirit Gift. Attendees experience guided meditation with Medicine Carrier Karen Waconda and then journal it.





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Wednesday October 10, 2018

6:30 - 7:30 a.m. Smudging & Prayer, Available for all conference attendees and presenters. Oak Ballroom with Dennis Alto and Kenneth G. White, Jr., MSW

7:30 - 8:30 a.m. Breakfast

8:00 AM-8:10 a.m. Blue Eagle Vigil, Kumeyaay Bird Singer

8:10 - 8:40 a.m. Dr. Anthony R. Pico and Dana Brown, Morning Greetings and Agenda Overview

8:40 - 8:50 a.m. Spoken Word/Poetry Raelyn Bichitty Diné/Chiricahua Apache SDSU Native American Student Alliance (NASA) President 2018-2019

8:50 -9:50 a.m. Tami DeCoteau, PhD, Trauma-Informed Care and Practice, Bismarck, North Dakota, “Link between Trauma and Addiction”

9:50 - 10:00 a.m. Spoken Word/Poetry Dr. Tria Andrews

10:00 - 10:50 a.m. Karan Kolb and Judge William Thorne: Integrated Care, Indian Health Council and Tribal Wellness Courts

10:50 - 11:40 a.m. Henry Quintero and Indigemama Panquetzani Mercado
“From before birth and beyond: Motherhood Indigenous Wisdom and Community Healing and Wellbeing”

11:40 a.m. - 12:40 p.m. Lunch in Oak Ballroom
Kenny Ramos GONA (Gathering of Native Americans)





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12:40 - 2:10 p.m. Elders and Youth Panel (Elders Sylvia Sherbert, Iipay Nation of Santa Ysabel and Beverly Means, Barona Band of Mission Indians (Youth Richard Taliwood, Dine' Navajo Nation and Anya Ashley, Dine' Navajo Nation, Tuba City with Moderator, Anthony R. Pico, PhD ad honorem

2:10 - 2:20 p.m. Youth Poet and Song Writer Angel Gurrola, Viejas Band of Kumeyaay Indians

2:20 - 3:30 p.m. Call To Action: Wisdom Keepers speak; you talk, we listen.

3:30 - 4:30 p.m. Honoring for Kenneth G. White, Sr. followed by Closing Ceremony, and Retirement of the Colors

Calling upon the Warrior Spirit, Inspired by Our Creator, to Heal Historical Trauma Among Native America Through Indigenous Wisdom

Conference and Ceremony

October 7, 8, 9 & 10, 2018

Viejas Resort & Casino
5000 Willows Road Alpine, California

Background

This conference and ceremony originated from a discussion with, and advice from Native American elders. The elders recommended that to meaningfully address and impact the topic of historical trauma in Indian Country it is necessary and respectful for Native Americans to have a ceremony and prayer first and foremost. Through this effort, the many initiatives developed by Tribes, programs, and services nationwide will be validated, recognized, and empowered to move forward with good faith efforts to address historical trauma scientifically, spiritually, and holistically.





Conference Theme

Native elders advise that the term “historical trauma” is a condition, whereas “Calling Upon the Warrior Spirit to Heal” is a Native American remedy to address this condition in many social, medical, and spiritual areas of need experienced by Indian populations. Elders further advise that the Warrior Spirit is a living vibrant being that has been present in Indian Country for generations and is the force, healing power, essence, and foundation that the Creator gave Native Americans to heal. Along with modern research, counseling, and treatment to Native Americans impacted by historical trauma, the Warrior Spirit must be recognized to provide holistic healing for Indigenous populations. Therefore, this conference and ceremony theme “Calling Upon the Warrior Spirit, Inspired by Our Creator, to Heal Historical Trauma Among Native America Through Indigenous Wisdom” was chosen to respect this view and advice from Native elders. The Warrior Spirit, to be most effective, is best put to work as the center of a comprehensive tribal initiative to address the causes and effects of historical and other forms of trauma in the tribal community. The conference will also discuss ways Tribes can implement a comprehensive tribal initiative and present examples of tribes that have already done so.

Date and Location

The conference and ceremony will be held on October 8th, 9th and 10th, 2018 at the beautiful Viejas Resort & Casino’s Oak Ballroom. The address is 5000 Willows Road in Alpine, California 91901. The Viejas Band of Kumeyaay Indians Tribal Council has graciously offered the site to conference attendees. It is a luxurious Forbes Travel Guide 4 Star and AAA Four Diamond resort. For information and directions to the resort or conference site, please visit our website: viejas.com/warriorspirit/

A Conference Site map is also attached.





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Registration

The registration fee for the “Calling Upon the Warrior Spirit to Heal Historical Trauma” is \$150.00 per person. Six group meals are included for participants in this registration fee. This fee will be used specifically to offset anticipated conference and ceremony costs.

A registration form with all related information is attached.

Agenda

The agenda is formulated to address historical trauma from both a professional and holistic traditional healing perspective by noted speakers, presenters, and elders in the field of trauma, behavioral health, research, and Native American health care.

Ceremony

Men's Sweat Lodge and Women's Talking Circle on Monday, October 8th and Women's Sweat Lodge and Men's Talking Circle will be held on Tuesday, October 9th, 2018. The purpose of the sweat lodge will be to call the Warrior Spirit to heal historical trauma through spirituality and prayer, so individuals, tribes, and organizations will be empowered to enhance and develop their healing services, programs, and initiatives to populations in need. The purpose of the Talking Circle is to allow all conference participants an opportunity to express themselves and their concerns.

Our spiritual leader will hold prayer circles each morning and his team will be available for smudging and support all day, each day of the conference.





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Special Topics/Events of Agenda

The agenda incorporates special topics, ceremonial events, poetry, and song to highlight unique Native American services, humanity, compassion, awareness, and resilient people. These special topics & events are:

- A special presentation by Native Health Care Solutions LLC and ARSCHOL on developing a Traditional Healing Circle, an architectural design that incorporates a women and men's sweat lodge, tribal specific dwelling (example: hogan), tipi grounds, shade house, fire pit and community garden. The intent of this design is to provide a structure that combines western medicine with traditional healing. The Circle can be combined with a behavioral health facility or a stand-alone structure
- Keynote Speaker: Dr. Vincent J. Felitti, Co-Principal Investigator of the ACEs (Adverse Childhood Experiences) study.
- Poetry performances written and performed by award winning poet Tommy Pico, Native performers & Native youth.
- Native youth and elder panels to recognize the invaluable views and input to address historical trauma in Indian Country
- A comprehensive planning session entitled "Indigenous Leadership" by Prosper Waukon, Compliance Officer, Gila River Tribal Employment Rights Office (TERO) Sweat Lodge Ceremony Monday & Tuesday Night
- Warrior Spirit Gatherings after hours: Indigenous Games, Healing Art: Making Medicine in our traditional ways, Guided Meditation





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Conference Planning Committee

Anthony R. Pico, Ph.D. ad honorem, Chairman, San Diego Warrior Spirit Planning Committee and Viejas Band of Kumeyaay Indians

Kenneth G. White Jr., MSW, Navajo Nation Tribal Member
CEO of Native Health Care Solutions LLC, Flagstaff, Arizona

Oletha Leo, Capitan Grande Band of Mission Indians,
Viejas Group-Viejas Band of Kumeyaay Indians

Dennis Alto, Capitan Grande Band of Mission Indians
Viejas Group-Viejas Band of Kumeyaay Indians

Ally Planning Team Member: Dana Brown, ACEs Science Statewide Facilitator,
Learn4Life, Organizational Liaison, ACEs Connection
and Executive Director for Youth Voice

Ally Planning Team Member: Tamara Strohauer MSW, ASW
SERVE: Indigenous Social Workers for Change,
Southern Region Project Coordinator
Lecturer and GSWA Faculty Advisor, SDSU School of Social Work

Special thanks to:

Tangerine Risberg, Taos Pueblo, New Mexico and Choctaw-Chickasaw Tribal
Member Owner, Native Dreams Day Spa for all of your concepts and dedication
to the Warrior Spirit Conference!

Contact Information

General Information: warriorspiritsd@gmail.com

Website and registration link:
viejas.com/warriorspirit/

Hotel or Registration : 619.659.2444

Viejas Resort & Casino GPS Link: <https://goo.gl/maps/xk7fSnhmGyM2>





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Biographies of Speakers and Presenters

Calling Upon the Warrior Spirit to Heal Historical Trauma

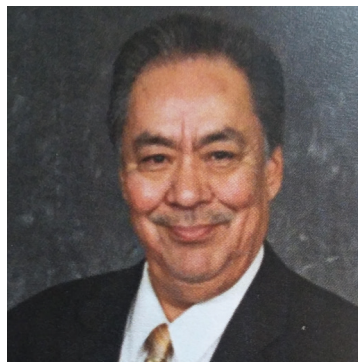
Conference and Ceremony

In Order of Appearance

Dennis Alto

Conference Spiritual Leader - Viejas Band of Kumeyaay Indians,
Sweat Lodge Leader

Kenneth G. White Jr. MSW



Mr. White is Chief Executive Officer of the Native Health Care Solutions, LLC, a health care management firm located in Flagstaff, Arizona. Mr. White holds a Masters' Degree in Social Work and Certificate in Gerontology from Arizona State University. Kenneth has over 30 years of experience working in health care development, elder care, managed care, and traditional healing to generate the capability and capacity of tribes and organizations to finance, administer, manage and operate health care projects, programs, and services. He has a unique expertise with tribal, state and federal laws and contracts related to funding, project management, fiscal and strategic analysis, coding, compliance, third party revenue generation, and long-term care and hospital administration.





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This expertise includes extensive knowledge of Medicaid, Medicare, Indian Health Service Purchase Referred Care Program; and Private Insurance and how these programs and services can benefit Native populations in rural and urban areas.

Mr. White has extensive nationwide health care legislative liaison and technical advisor experience facilitating and negotiating the funding and service needs of tribal governments and organizations, urban Indian centers with state and federal health care agencies to address mutual areas of interest and come to contract agreement.

He also has a unique experience and background developing service, facilities, and funding opportunities that merge Western medicine practices with traditional healing services into indigenous holistic healing models of care in rural and urban settings. Through this expertise, Ken founded the first Warrior Spirit conference and ceremony by developing and initiating the event in Sacaton, AZ., based upon advice to create an Indigenous holistic healing model through prayer from his Mom, Mary Lou White.

Mr. White's professional background includes various CEO and leadership positions at Native Health Care Solutions LLC; CEO, Native Americans for Community Action Inc., Flagstaff, AZ; Manager, the San Carlos Apache Tribe, San Carlos, AZ; Legislative Liaison, the Tsehootsooi Medical Center, Fort Defiance, AZ; Tribal Liaison, Arizona Health Care Cost Containment System, Phoenix, AZ; Executive Consultant, the National Indian Council on Aging, Albuquerque, N.M.; Director, the Navajo Foster Grandparent/Senior Companion Program, Fort Defiance, AZ

Kenneth has published or authored the following publications and legislation for the benefit of Indigenous populations

- Author: Living and Dying the Navajo Way, Western Gerontology Society, 1987
- Co-Author: Enabling legislative to provide Title VI direct funding to Tribes under the





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Older American's Act, 1985

- Co-Author: Enabling legislation to recognize the National Indian Council on Aging as a National Title V Employment Contractor under the Older American's Act
- Negotiator and Co-Author: 8 intergovernmental agreements between tribal governments and State of Arizona
- Author: The Enabling legislation to create the Arizona Advisory Council on Indian Health Care, 1995
- Author: Navajo Nation Medicaid Agency Proposal, 2001
- Author: San Carlos Apache Tribe Public Law 93-638 Feasibility Study, 2013 to contract the local I.H.S. hospital
- Author: Navajo Nation Executive Summary to develop Home and Community Based and Long-term Care Services on the Navajo Nation, 2016
- Co-Author: Traditional Healing Circle Services, Facility Design, and Third-Party Reimbursement Methodology, 2017, with ARCHSOL
- Founder: Warrior Spirit Conference and Ceremony, Sacaton, Arizona 2018

Mr. White's primary interest is offering his expertise and knowledge to Indigenous populations by advocating and assisting tribal governments, organizations, and needypopulations receive the care, services, programs, and funding they deserve. This primary interest is built upon the indigenous principle that Native people are morally and ethically entitled to these obligations as the original inhabitants, spiritual foundation, and wisdom keepers of America for generations.

His work is dedicated to his Dad,
Mr. Kenneth G. White Sr.





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Mary Lou White



Mary Lou White is a Dine' elder from White Cone, Arizona.

Ms. White is respected among family, community and tribes as a wise advisor and spiritual leader in the Native American Church and Navajo cultural teachings and wisdom. Ms. White is the initial spiritual founder of the Warrior Spirit Movement. When told by her son Ken Jr. that he was involved in the Roundtable on Native American Trauma Informed Initiatives, she asked him, "Trauma is a big issue for our people. Does this group have a prayer behind what they are doing? You must always have a prayer first." Her wise inquiry and advice evolved into the first Warrior Spirit Conference and Ceremony in Sacaton, Arizona on April 21 and 22, 2018.

This event incorporated prayer, sweat lodge, and talking circle healing ceremony for the Warrior Spirit Movement and the Roundtable.

Ms. White experienced firsthand the impact of historical trauma through the Bureau of Indian Affairs boarding school system in the 1940's. She recalls her hair being cut off, and her mouth washed out with soap for speaking the Navajo language. She stated of her experience "We were punished for being Navajo for no reason at all."

Her career includes working in a cafeteria, as a telephone operator, as an Office Manager for the Navajo Tribal Utility Authority, and as a tribal negotiator for the Navajo Nation in the so-call Navajo Hopi Land Dispute era. Mr. White then created her own private Native arts and craft





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business, Mary Lou's Handicraft, and operated stores at Silverton, Colorado, Crazy Horse National Monument in South Dakota, and the Navajo Nation. As a Native American activist, Mary Lou testified before Congress on many occasions supporting legislation involving the Indian Religious Freedom Act with her husband Kenneth Sr., advocating for prisoner rights to use traditional healing ceremonies, the protection of sacred eagle feathers, and the protection of the holy medicine used in the Native American Church.

Mary Lou and her late husband Kenneth G. White Sr. have 7 children, 21 grandchildren and 19 great grandchildren. When told she would be giving the opening prayer at the San Diego Conference and Ceremony, and her late husband would be honored, Ms. White stated "My prayer is the conference and ceremony touches and heals many hearts. Everyone involved must heal, be forgiven and be blessed.

Everyone must have love, hope, charity and faith in their hearts."

Paul Cuero, PhD ad honerum



Honorable Paul Cuero Jr. is a leader, mentor and cultural icon of the Campo Band of the Kumeyaay Nation. Paul recently received the Honorary Degree of Doctor of Humane Letters from San Diego State University. Paul is nationally known for his mastery of a cycle of songs named for the Takut. These cultural bird songs, of which there are 300 in the Takut cycle, are a metaphor for life. Paul is a leader in educating young people about bird singing and Kumeyaay philosophy and spirituality of the Kumeyaay people. Paul is a staunch advocate for education as a path to leadership and cultural pride for the young people.





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Honorable Vice Chairman Victor E. Woods



Elected in 2015 as Vice Chairman, Victor E. Woods is now serving his second term in office, having previously served as a councilman in 2011. Previously as councilman, his areas of responsibilities included working with Tribal Security, Viejas Fire Department, All Mission Indian Housing Authority (AMIHA), Internet gaming and political affairs. He returned to office to continue the good work he started. As Vice Chairman, his focus is on the Viejas business enterprises and the health and welfare of the growing Viejas tribal community. Vice Chairman Woods comes from a long line of family committed to serving their community and he continues in this proud tradition. His father, cousin and great uncle served terms as chairman, and several of his family members have held various positions on Tribal Council. He spent his early childhood on the Viejas Reservation and has fond memories of family gatherings, community events and bonding with family members. Upon securing employment off the reservation, Woods' father relocated the family to north San Diego County. However, the family maintained close ties to friends and family within the Viejas tribal community and on the reservation. After graduation from high school, Woods worked several years at a 5-star resort in Northern San Diego County, affording him exposure to travelers from around the world. His hard work and exceptional customer service, allowed him to advance in his position. In the late 1980's, Woods relocated back to the reservation to live. Upon Viejas opening the then, Viejas Turf Club, he found employment in the Food & Beverage Department, applying skills he acquired during previous employment to his new position. In the years leading up to taking office, vice chairman Woods worked on





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realizing personal and professional goals, fulfilling a lifelong dream of traveling extensively to learn about new cultures. Every time he returned home, Woods relished in the uniqueness of life on the reservation which motivating him to give back to his community once again. He served on several committees, including Enrollment, Wellness, Housing, Finance and Hotel committees. In his spare time, Woods continues to pursue his passion for travel and spending as much time as possible with his family, as well as the Viejas community.

Tommy Pico



Tommy “Teebs” Pico is author of the books *IRL* (2016), winner of the 2017 Brooklyn Library Literary Prize and a finalist for the 2018 Kate Tufts Discovery Award, *Nature Poem* (2017), a finalist for the 2018 Lambda Literary Award, *Junk* (2018) a winner of the 2018 Whiting Award, and the forthcoming *Feed* (2019 from Tin House Books). He was the founder and editor in chief of *birdsong*, an antiracist/queer-positive collective, small press, and zine that published art and writing from 2008-2013. He was a Queer/Art/Mentors inaugural fellow, 2013 Lambda Literary fellow in Poetry, 2016 Tin House summer Poetry scholar, a 2017 NYSCA/NYFA Fellow in Poetry from the New York Foundation for the Arts, was awarded the 2017 Friends of Literature prize from the Poetry Foundation, and has been profiled in *Time Out New York*, the *New York Times*, and the *New Yorker*. Originally from the Viejas Indian reservation of the Kumeyaay nation, he now lives in Brooklyn where he co-curates the reading series *Poets With Attitude (PWA)* with Morgan Parker, co-hosts the podcast *Food 4 Thot*, and is a contributing editor at *Literary Hub*





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Grayson Turner

Grayson is a 16 year old youth from the Choctaw-Chickasaw Nation of Oklahoma and Taos Pueblo, NM. He lives in San Diego with his parents. He is an inspiring clothing designer and does underground rap.

Geraldine Midge Svien



Geraldine “Midge” Svien has lived almost all of her 82 years with her large and extended family on the Viejas and Barona Indian reservations. Her family and extended family numbers in the hundreds. She raised four children. Today she has 17 grandchildren, 45 great grandchildren, at 3 great, great grandchildren. She still resides on the Viejas reservation on an appropriately named street, “Midge and Kids Way”. Midge emphasizes her greatest accomplishment second only to her family is that she is a lifelong member of her church. After a divorce Midge returned to school graduating with honors with an associate of arts degree in secretarial science. She has been an activist her entire life for her Kumeyaay people. She served on the Viejas tribal Council for many years. As a political activist she lobbied without compensation, walking the halls of Congress in Washington DC and the California State Legislature in Sacramento. Her protest cries of “jobs and justice” rang throughout California as unified California Indians caused the state to amend the state constitution to allow slot machines on Indian land only. When Indian tribal governments won the right to gamble on their own land, some tribes like Viejas began a road to prosperity. Midge took advantage of that and became employed here. She started cleaning restrooms and worked her way into the bingo hall, she continued to work hard and became Bingo Director where she remained for 6 years. Because of her intimate knowledge of her people and a positive attitude, she served 18 years as tribal liaison for the Viejas employees. Geraldine retired in 2001, at that time her counterparts





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threw her a big party but nobody wanted her to go. She was and still is the life of any party. Midge is now the matriarch of a large family where she enjoys profound respect and love. No one in her family does anything until they check with her first not even the Chairman, you see Midge's sister is the Chairman's mother. Midge plays competitive chair volleyball and is quite accomplished as she travels with her team regionally throughout Arizona and Nevada. She enjoys playing high stakes bingo almost nightly. Geraldine "Midge" Svien is a true legend in her own time, not because of what she has become or what she has done,

Midge has lived a painful, tragic life yet she sees her cup as always half full. She has experienced terrible loss of people she has deeply loved and through devastating pain she reaches out to comfort others. Her tribal people are amazed at her resiliency.

Harold "Satch" Christman



Harold "Satch" Christman has lived almost all of his 71 years on the Viejas Indian Reservation. His loving mother, Mary Pico Hyde, and his stepfather, Thomas J. Hyde, who served on the Viejas Tribal Council for more than 50 consecutive years. They gave the keys to the future in the form of values to their son, affectionately known as "Satch." The values

they gave him are elements of Indigenous wisdom: hard work, integrity, community service, generosity, accountability, respect and fairness. His parents had a wonderful and considerable sense of humor. That is a large part of Satch's personality today. His

reservation community provided him with a strong sense of belonging. He also had support from his biological father, Homer Christman, who contributed to his welfare. In

1993 he was recruited to come back to the reservation and help his people during a commercial construction boom. His experience in this area enabled him to indirectly save his Tribe tens of millions of dollars in construction costs, at a fair price. This brought him his greatest satisfaction to take what he learned to be of service to his people. Satch prevails in almost everything he does. Because, his parents provided him with a stable, nurturing home where a spiritual pursuit was marked by a clear path within the Catholic Church. His stepfather challenged him by always testing his limits of his ability.





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Where hard work, a nurturing environment and positive discipline was reinforced with always more responsibilities and freedom. Satch understood and learned that as long as he was willing to pay the price of hard work, and endure the agony that goes with it, he could achieve any goal. Satch knows that in order to be successful, we need others and his stepfather taught him the indigenous wisdom of old Indian values. What has sustained him in times of anxiety is his love of sports. His engagement in competitive softball and passion for golf has helped him in times of stress. Satch has three sisters Geraldine Svien, Candy Christman and Nancy Lopez. Satch also had a brother, Robert Grijalva and a sister, Carmen Welch, who are both deceased. His daughter, Rene Curo, is serving as Tribal Secretary and son John Christman, who also served on the Tribal Council as Vice Chairman and Treasurer. John is also a very respected traditional singer. Satch's second son David Christman, a very proud father, is raising his two youngest children. Today he is semi-retired, looking at how else he can help his people. Today he supervises the care for his 92 year old invalid stepfather with the same kind of love, affection and compassion that was given to him. Come and hear about historical trauma and how it can affect Native America.

Conor Handley



Conor-26, graduated from Humboldt University with a degree in Native American Studies: Environment and Natural Resources and minors in Wildlife Biology and Rangeland Resource Science. He worked for the seventh generation fund for indigenous peoples for 3 years as a media production assistant. Conor is actively culturally engaged in many areas— he is knowledgeable about Kumeyaay traditional canoe making, tools, and cultural restorative practices. Conor made difficult choices to consciously example overcoming challenges he faced as a young boy. He had a vision, support and resiliency to pursue his goals— ultimately prevailing against the odds and getting a degree & continues maintaining his cultural connection. He is currently working with the California State Park Services.





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Mercedes Ruiz



Mercedes Ruiz grew up on the Viejas Indian reservation. She is very proud of her Kumeyaay heritage. She loves being surrounded by culture and tradition that she knows goes back thousands of years. Mercedes is most proud of her daughter Kelashwii Dizon, being surrounded by culture and tradition. Being a Kumeyaay woman and having the opportunity to give back to her community here at Viejas is an accomplishment that will last her a lifetime. This school year, she will begin her 11th year giving back to her community by being involved in the education of Viejas students in teaching leadership activities that bring the culture alive through music, dance and language revitalization.

She thoroughly enjoys advocating for all Indian youth.

She is so happy to be alive, happy to have good health and so proud of her extended family and Tribe and united accomplishments.

Mercedes' early life was marked by neglect. Eventually she went to live with her uncle where she was nurtured, loved and protected. She was exposed to her Kumeyaay culture by her godmother who took her to wakes and funerals. As a young teenager, the reservation education program, where she now works, exposed her to more of her culture and its director Brenda Garcia took her and others to numerous cultural activities. Mercedes Ruiz is a valuable asset to the people of Viejas.

She is an outstanding culture leader as a remarkable young person her elders were hoping to come along.





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Anthony R. Pico, PhD ad honorem



Anthony R. Pico served as chairman of the Viejas Band of Kumeyaay Indians for 26 of the last 30 years. He is nationally recognized as an authority and leader on American Indian sovereignty, self-governance, Indian gaming and tribal economic development. He has been a strong voice for Indian self-reliance, economic development, and diversification of reservation economies. He was a driving force and spokesman in the landmark California ballot initiative in 1998-2000 that brought economic growth to many of California's federally recognized tribes. Anthony served as Co-Chair of the Proposition 1A Initiative to amend the California Constitution enabling tribes to engage in gaming on tribal lands. Anthony has received numerous international, national, state, and regional awards for leadership achievements, business, and as a humanitarian. He has been an influential spokesman for gaming, sovereignty, and self-governance issues. He has been the subject of a number of documentaries such as Frontline, Forefront and German and Dutch Public Television. He has been featured in Fortune Magazine, USA Today, and Business Week, International Gaming & Wagering Magazine, and Casino Executive Magazine. Anthony Pico has an Associates of Arts Degree from Grossmont College where in 2000 he received the honor of Outstanding Alumni. He has an honorary Doctor of Humane Letters from Long Island University, New York. Anthony is very proud of his military record where he served in Vietnam as an Army Paratrooper in the infantry, where he received a number of distinguished service medals. He is married to his beautiful wife Diana. He has two sons of whom he is very proud, John Elliott, who is serving in his 11th year as Tribal Councilman of The Manzanita Band of Kumeyaay Indians, and Tommy Pico, an author who resides in Brooklyn, NY. York. He is currently Chairman of the California Native American Adult Treatment Committee which has been tasked by the Southern California Tribal Chairman's





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Association to create a healing center for those who suffer from substance abuse addictions. The committee is made up of the Chief Executives of the Southern Indian Health Council, the Indian Health Council of Northern San Diego County, the San Diego Indian American Health Council of Urban San Diego and the Riverside San Bernardino County Indian Health, Inc. along with the SCTCA Sub-committee on Substance Abuse. Anthony has been researching what he considers the most important and profound issue facing Native Americans today, childhood trauma. His passionate research has been a healing journey for himself and he hopes the beginning of a healing journey for our people through awareness of childhood trauma, how it affects us as adults, and what can we do to significantly mitigate or wipe out years of painful experiences that almost all Native Americans suffer from today.

Darius Watkins-Risberg

Darius is a 23 year old visionary, who began writing Spoken Word, poetry and music at the age of 16. He has written two Spoken Word Poems for our conference from within what we Native people call the “Iron Cages”. Darius shares his music seeking spiritual liberation from the dark world of incarceration. He was a wrongfully convicted youth, but through it all, he is a warrior. Thru his own practice of ceremony, meditation, fasting, prayer and writing music, Darius hopes to be able to be truthful in his experiences and expression thru words. His hope is for the light of love and healing our Creator provides will resonate with everyone attending the conference. This will be his first public piece of art since his freedom was lost 4 years ago. He faces 9 more years, and asks for you to see beyond the veil of our corrupt current system of enslavement. Please remember the 2.2 million trauma survivors currently enslaved by an inhumane government. Darius represents that dreams and visions that can be manifested in even the worst of circumstances. He also shows the resilience of the unbroken First People whose bloodline runs deep within his own DNA. He wishes to honor his ancestors, Mother Earth, the Plant and Animal Spirits and the Native brothers who have taught him his medicine in their own ways. He will have his little brother and one of his high school friends recite his poetry for him.





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Dan Press



For over 40 years, Dan Press has provided legal and Washington representation assistance to Indian tribes, Indian organizations, and companies doing business with tribes. Dan assists tribes with strengthening their tribal governments by helping them develop and implement ordinances that exercise the tribe's sovereign authority in such areas as employment rights and labor relations. He has helped to establish a range of entities designed to promote economic development in Indian country, including creative use of the special 8(a) rights Congress has provided to tribes and the first multi-tribally owned financial institution. He has also counseled tribes to obtain legislation awarding them hundreds of millions of dollars in land claims settlements, new health facilities, and new authority to promote employment on their reservations. He has special knowledge of Indian land issues, including rights of ways and leases on Indian land and the unique legal issues that arise when doing business on reservations and assisted companies negotiate various agreements with tribes regarding land use.

Dan has used his years of experience working with tribes and private sector companies to assist his clients develop productive business partnerships with tribes so that their projects can move forward quickly and cooperatively. Dan is also adept in the application of the Affordable Care Act to Indians and how tribal and other reservation health care facilities can use the Act to greatly expand the resources available to them to treat the underlying problems responsible for the serious health issues on many reservations. Mr. Press serves as pro bono general counsel for two national organizations that assist communities apply the science on the causes and effects of historical and childhood trauma to address social and health problems in their communities.

The Roundtable on Native American Trauma-Informed Initiatives works to assist Native communities implement comprehensive trauma informed initiatives while





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the Campaign for Trauma- Informed Policy and Practice works at the Federal, state and community levels to encourage elected and agency officials to adopt policies that apply the science on trauma to the programs that address the effects of trauma, such as suicide, substance abuse and domestic violence. It also educates local communities about the benefits of implementing comprehensive trauma-informed initiatives. Mr. Press is also an adjunct professor at Columbia University, where he teaches undergraduate courses on current issues facing Indian tribes including Issues in Tribal Government and Native American Economic Development. He also co-taught an original course called The Holocaust and Genocide in America in which the students examined these two genocidal events and the way the United States government and public have treated each in recent years.

Representative Experience:

- Tribal workforce protection ordinance encompassing the range of laws designed to protect workers and assisted tribes Helped to found the Tribal Employment Rights (TERO) program in 1977 and has served as general counsel to the Counsel for Tribal Employment Rights, the national TERO organization, since its founding in 1983.
- Organized and obtained certification for the first multi-tribal 8(a) company which was owned by 12 tribes and assisted that company obtain over \$90 million in contracts.
- Helped to start the Native American Bank, the first inter-tribally owned financial institution. Assisted one tribe obtain legislation awarding it \$450 million to resolve the Tribe's claim for inadequate payment when tribal land was taken for a Federal dam and assisted another obtain funding for a new health care facility to replace the one a Federal dam had destroyed 50 years earlier.
- Drafted a model comprehensive tribal workforce protection ordinance encompassing the range of laws designed to protect workers and assisted tribes tailor, adopt, and implement the ordinance.
- Drafted a model comprehensive tailor, adopt, and implement the ordinance.
- Represents a large city in its negotiations with a tribe regarding city rights- of-ways across tribal lands within the boundaries of the city. - Awards and Honors
- "Best Lawyers in America" by Best Lawyers Native American Law, 2018
- Council for Tribal Employment Rights Award of Appreciation
- Native American Bank Award of Appreciation Mr. Press is recognized by tribal governments throughout the Nation as an outstanding a compassionate lawyer, advocate, educator, and leader in addressing Tribal Employment Rights and Historical Trauma through his experience, education, and expertise.





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Alex Laky



Alex Laky is the Founder and Principal of ARCHSOL, LLC. With more than 25 years of experience dedicated to healthcare, Alex plays a vital role in integrating strategy into design. His passion for complex projects, technical challenges, and creative solutions developed into a firm specialized in bringing architectural solutions to clients. He is an expert in the design of healing environments and has a deep appreciation for the health and wellness of each individual impacted by the built environment. Alex has a Bachelor of Architecture Degree from the University of Arizona, is a member of the American Institute of Architects, National Council of Architecture Registrations Boards, and National Trust for Historic Preservation. Alex was recently honored to present along with Mr. Ken White, CEO of Native Healthcare Solutions LLC, the Traditional Healing Circle, an architectural design that combines western medicine with traditional healing in to service facility for Native American populations, The Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony was held at the Gila River Indian Community in Sacaton, Arizona in April 2018.

ARCHSOL, LLC – The Architectural Solutions Team is a firm focused on customer service and finding solutions to meet our client's goals and ambitions. Our performance is based on successful architectural solutions that add clarity, purpose and value not simply in design, but also throughout construction, occupancy and beyond. We have grown with our clients by becoming partners and providing total project stewardship. Services include master planning, project management, space planning and programming, regulatory compliance reviews, construction administration, site development feasibility assessments, building assessments, and other specialty services. Our team's experience includes the design of new construction, tenant improvement, and renovation projects. Complexity varies from single phase to multi-phase projects. Projects include all types of acute care (inpatient) and ambulatory (outpatient) healthcare projects, administration office buildings, education centers, parking garages, data centers, and other project types.





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ARCHSOL, LLC Firm Recognition

2018 Healthcare Leadership Award Finalist – Outstanding Achievement in Healthcare Design

2018 AZRE 15 Companies to Watch – Architects/Builders/Developers 2017 AZRE RED Award Winner
– Best Healthcare Project

2017 ENR Southwest Best Project – Healthcare

2017 ENR Southwest Best Project – Excellence in Safety Award

2017 ENR Best of the Best Project – Excellence in Safety Award

2017 AzASLA Award Winner for Landscape Design

2014 Top Architecture Firms: As Published in Phoenix Business Journal 2014 Ranking Arizona: Voted

Top Ten for Mid-Sized Architectural Firms 2013 ENR Award Winner for Best Interiors/Tenant
Improvement Project

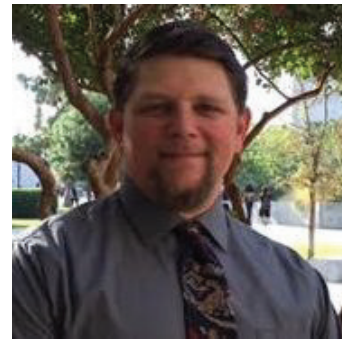
SERVE: Indigenous Social Workers for Change Panel



Tamara Strohauer



Michelle Rainer



Zachary Zukovsky

Tamara Strohauer, MSW, ASW

Tamara Strohauer is an Associate Clinical Social Worker, Certified Addictions Treatment Counselor, SERVE: Indigenous Social Workers for Change, Southern Region Project Coordinator, and a Lecturer at San Diego State University, School of Social Work. She has been active in the Roundtable on Native American Trauma-Informed Initiatives since June of 2017. As SERVE Project Coordinator, Tamara works with eleven Southern California Schools of Social Work, from UCLA to SDSU, supporting and recruiting Native American students interested in Bachelor and Master of Social Work Title IV-E Programs. Along with her SERVE Colleagues, Tamara works toward de-colonizing social work curriculum and educating all social work students, on California Indian History, historical trauma, ACEs, cultural humility and ICWA. Tamara provides presentations to future child welfare workers and behavioral health MSW students across Southern California, and is certified as an ICWA Core Curriculum Trainer. She was recently honored at the Tribal STAR 15th Anniversary Celebration as Champion for Justice and ICWA Compliance through Training.





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SERVE Coordinators seek to build relationships and partnerships with Tribal communities and agencies to establish internships and future employment for social work students as well as support Native youth and return adult students interested in any discipline in getting to college.

In 2010, at 44 years of age, Tamara as a wife and mother, enrolled at San Diego City College, nearly 27 years after graduating from high school and was a first generation college student. She received her AA degree in Psychology in 2012, then transferred to SDSU where she received her

BA as the Outstanding Graduating Senior in Psychology with a Minor in American Indian Studies in 2014. While studying psychology, she was research assistant in the SDSU Chronic Illness Lab and a teaching assistant in Developmental Psychology. She then went on to get her Master of Social Work at SDSU in 2016. She was a teaching assistant in the Department of AIS at SDSU for three and a half years while getting her BA and MSW degrees. Tamara remains actively engaged with the SDSU AIS Department, Elymash Yuuchaap Indigenous Scholars and

Leaders Program and NASA, and is the Faculty Advisor for the Graduate Social Work Association. As someone who deeply appreciates the gift of attaining her education later in life, she is grateful to give back as an educator. Her great passion is connecting with students across disciplines as well as encouraging and supporting those seeking educational paths. Tamara's clinical and research interests are in historical trauma, co-occurring mental health and substance use concerns and the neuroscience of trauma and addiction. Tamara has presented her research at multiple conferences and is attaining her clinical hours for licensure as a therapist. Having come from a family laden with intergenerational trauma of domestic violence, alcoholism, suicide and mental health issues, she has spent her life finding her way through “what happened” in her own family. Her life's work is healing childhood trauma through loving understanding.

Relevant Presentations and Publications

Strategies for Work with Involuntary Clients, 3rd Edition; “Bringing up what they don’t want to talk about” Contributing Author (SBIRT Chapter)

California Indian History, Historical Trauma, Cultural Humility, ACEs & Resiliency through Culture--on going presentations for MSW students

Strohauer, T. L., Ranier, M. (2018, April). Shifting perceptions: Impacts of colonization and honoring resilience in California's Indigenous Communities. Oral presentation for the 2018 CalSWEC Title IV-E Summit

Strohauer, T. L. (2016, October). The relationship between cultural identity and co-occurring depression and substance use among American Indian adolescents. Oral presentation for the 31st Annual California Indian Conference, San Diego, California.

Barker, M., Reily, K., **Strohauer, T. L.,** Hohman, M. (2016, August). Women in DUI Programs: Demographic, Alcohol Use, Trauma, and Cultural Needs. Oral presentation for Substance Use Disorders, 2016 Statewide Conference, Orange County, California

Strohauer, T. L., Hohman, M., Finnegan, D., Barker, M., & Min, J. W. (2016, March). Relationships of Trauma, PTSD, Mental Health, and Parental Alcohol Use Patterns to BAC Among Female DUI Offenders. Oral presentation for San Diego State University Student Research Symposium.

Strohauer, T. L., Mills, S.D., Fox, R.S., Marlarne, V.L., & Sadler, G.R. (2013, September). Relationship of acculturation and fatalism to knowledge and attitudes about clinical trials among Hispanic Americans. Oral paper presented at American Association for Cancer Education International Conference, Seattle, WA.





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Michelle Rainer, MSW, LCSW

Michelle Rainer, LCSW, is Yurok, a descendant of villages Waukell, Big Lagoon and Pek-wan. Her great grandfather was the last to hold the Yurok Jump Dance at Pek-wan, a ten day world renewal Ceremony before going dormant for several decades. Her grandmother insisted it needed to continue and encouraged her cousin and others to do the tasks to bring it back. The ceremony resumed when she was a young girl, and Michelle continues with her own children. Michelle is the Pathway Project Coordinator and the Northern Region SERVE Coordinator at Humboldt State University, focused on outreach in Northern California Tribal communities in collaboration with Humboldt State University, Chico State University, and Sacramento State University. This role also involves developing relationships with tribes and numerous tribal organizations throughout northern California, facilitating development of social work internships in Tribal organizations, and supporting addition of curriculum regarding social work in Tribal communities. She also provides cultural training for Humboldt County Child Welfare. Her previous work includes working as a Child Welfare Worker and Adoptions Worker for Santa Clara County, California beginning in 1999. In 2003 she returned to Humboldt County to work for her own tribal community. She worked as a Clinician at United Indian Health Services from 2003- 2006. This position involved working in many settings, including clinic sites, schools, juvenile hall, etc.

Michelle is committed to the ongoing healing of Indigenous communities.

Zachary Zukovsky, MA

Zachary Zukovsky has worked in Indian Country for over 20 years in a variety of roles. He has worked with Native families as a social worker, educator, advocate and health and wellness director. After receiving a B.A in psychology from Antioch University, he went on to receive a Masters in clinical psychology. After 16 years as both a teacher and administrator in the Los Angeles Unified School district he made a full-time move toward work in Indian Country. As the current “SERVE” Project Coordinator for California's Central region, Zac, serves as a liaison between AI/AN students on all seven campus programs for retention activities and graduation support. The primary function of the SERVE Project is to work directly with the Central California region universities to implement (RERG) Recruitment, Enrollment, Retention and Graduation Activities. This is accomplished through a collaboration with Tribal





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Entities and Agencies that work extensively with Tribal populations to conduct RERG activities at Tribal schools, cultural events, and Native gathering of all types. Zachary is a certified ICWA Core Curriculum Trainer and organized a very successful ICWA Symposium in Central California in spring of 2018.

Shirley "Kippi" Begay, MSW



Kippi is Navajo, San Carlos Apache, and an enrolled member of the Hualapai tribe. She was born and raised in the Bay Area among the large Urban Indian Community and, in the recent years, relocated to the High Desert of Southern California. She received a Bachelor's degree in Health Education with an emphasis in Community-based Public Health from San Francisco State University in 2012 and received a Master's degree in Social Work with a specialization in Child Welfare from San Bernardino State University in 2018. Kippi was a Title IV-E graduate and completed her thesis on "Identifying barriers to recruiting Native American foster homes in urban areas." For her research and advocacy, Kippi was recently honored by Tribal STAR as "Champion for Community, Families and Children" at their 15th Annual Celebration. As a former youth of the child welfare system, Kippi is passionate about the importance of ICWA and providing our Native children and families with culturally appropriate support. Kippi is currently working with San Bernardino County Children and Family Services as a Social Service Practitioner and continues to stay involved with Indian Child Welfare work both as an employee and in her personal life. Kippi also remains active with our Native communities through Pow Wows other and cultural events.





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Shurene Premo



Shurene Premo is from the Great Basin Territory in Northern Nevada, representing the Tosa Wihi (White Knife) clan, and is a citizen of the Shoshone Paiute Nation. She is a senior majoring in Social Work at SDSU and American Indian Studies, along with attaining her hours for certification as a drug and alcohol counselor. Shurene is excelling in both her classes and personal commitment to helping others. She attends school full time, works as a drug and alcohol counseling intern at Stepping Stone Out-Patient Treatment Center. She is also working with an American Indian Studies professor to learn her Native language. She has made the Dean's list every semester since transferring to SDSU from Cuyamaca College. Shurene has received multiple awards and scholarships including the highly competitive Cobell Scholarship and the NASW Native American Birdwoman Scholarship. This tremendous honor is awarded to Native undergraduate students in their final year as well as masters level students who are committed to a career in social work.

Shurene is committed to attaining her degree in order to return to her people through becoming a social worker. Shurene's specific interest is in working in child and family services assisting families who have entered the child welfare system. She has spent the last four summers working directly with Tribal Family Services and County Child Welfare on ICWA cases as well as in direct service of families impacted by addiction in her Native American Community. "I am a strong, resilient, determined Newe-Numa Wa'ippe, (Shoshone-Paiute Woman). I am doing this for myself, my family, my culture and my People. This is the Seventh Generation and I am following what my father always told me, to stay on the Red Road to keep balanced spiritually, mentally, emotionally and physically." We know Shurene will be an amazing contributor to the field of social work and celebrate her unyielding commitment to her education, personal growth and service in Indigenous communities.





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Joe Renteria



As shared by Joe and his family with Tamara Strohauser

Joe Renteria of Cherokee Nation celebrated his 101st birthday on July 17, 2018! Born in Emporia, Kansas, Joe's life had a difficult beginning. Coming from People wrought with historical trauma, including the making their way to Kansas on the infamous Trail of Tears, Joe ended up in a Catholic orphanage at around six years old. Bullied continually for being Indian, and with the Head Nun "turning a blind eye" to the abuse Joe endured at the hands of another youth, Joe often had to defend himself physically and was eventually expelled after a fight he won. From there he was sent to a State Orphanage, which was more of a work farm where Joe says "they didn't treat me very well." By age 10, Joe to ran away from this institution to make his way in the world on his own. This was during the era of the Great Depression, a time when many people made a life of "riding the rails" and Joe found a life as a "Hobo" as he refers to it along with the companionship with "an old man who I realize now was probably 18 or 20." The two traveled together for some time. Joe made his way from Kansas to Mount Rushmore jumping freight trains, and quickly learned how to beg and steal food to survive. "We would wait at the back of the train for the passengers to get off, this was better even though the people at the front had more money, there was too much competition there."

As Joe shares his stories, one can see the instinctual wisdom and resilience of a young child radiate from deep within this man who looks to be decades younger than he is. "My friend sent me to steal milk and a newspaper in a rich neighborhood. The lady came out in her robe, with her child behind her looking at me, hanging onto her robe. I was dirty and must have looked





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terrible, I thought I was in big trouble, but she invited me in for breakfast. Her husband came down in his robe too, and they invited me to play with their children in the back yard...I learned that people were kind." Speaking of this kindness brings a light into Joe's eyes as he continues.

"Another time, I went to take food at a farm and I got caught again. The farmer told me I could chop a pile of wood and they would give me food. They were not rich, they worked very hard.

My friend asked why didn't I just run? I told him I learned I could work for food, that people work hard, and they were also kind." Joe soon went to work for Ringling Brothers and Barnum Bailey Circus, where after a time of hard, physical labor, he learned to walk on stilts and became part of the opening parade. As the circus moved on to Florida, Joe decided he had had enough of that life, and ended up at the doors of Father Flanagan's infamous Boys Town in Nebraska, where

he truly found a supportive and caring environment. He tells the story of the man and the moment that forever changed his life. "Father Flanagan saw me outside. He put his hand on my shoulder and said 'you know I can make you go into the church service, but I won't. I would appreciate it if you would go in and set an example for the other boys.' Appreciate it he said, no one had ever said they would appreciate me, and I went in." Joe even ran for Mayor of Boys Town during his time there, then attended High School in Arcadia, Nebraska where he played football and graduated. Boys Town has been providing much needed care and housing for orphans throughout the U.S. and last year both Joe and Boys Town celebrated their 100th birthdays together!

Joe joined the Army at age 19 and became a Machine Gunner where he was in charge of the mule that hauled the Machine Gun and ammunition for the outfit, and later joined the

Navy. Joe shares many stories of bullying and abuse in both branches of the service as a Native American soldier, but he also shares that "I was made to work harder than everyone else, so I got better at my jobs than anyone else." With continued resilience and passion to learn everything he could, Joe made his way up to serving during World War II

as a Navy Aviation Photographer. During World War II, Joe served under Admiral Halsey in Noumea, New Caledonia. He was not present at the bombing of Pearl Harbor but he had been stationed there only a couple of months earlier and, after photography school in Florida, he returned to Pearl Harbor and assisted with cleanup before he was transferred into service as Admiral Halsey's staff photographer. Joe did photo reconnaissance during the war, in particular around Guadalcanal.





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He spent many hours hanging his camera out of the plane canopy taking pictures of the different installations, sometimes having to swim to shore from a sub to take land photos. Joe's request to learn color photography was denied by the Navy so he took leave and paid out of pocket to attend school in Topeka, Kansas. After training he returned to his position and then initiated the use of color photography and motion picture film for the Navy on the West Coast and designed the color lab for them, always an innovator. After 17 years in the Navy, Joe retired from the military and became the head of the San Diego State University photography department for over 32 years. Joe designed the photo lab at the University and it became the biggest photo lab in the state at the time. Joe has photographed presidents such as John F. Kennedy, and the inaugurations of Presidents Truman and Eisenhower, and racehorses belonging to Bing Crosby at the Del Mar Race Track.

Upon his retirement, Joe became closely involved with local Native American tribes and Chaired the Board of the Indian Human Resource Center for 15 years, co-founded and was on the Board of the San Diego American Indian Health Center for 10 years and the Indian Child Services committee for 5 years. He remains an active advisor and advocate for American Indian organizations and issues. Joe has endless stories including how he met his wife Jill who passed away at 103 years of age after 71 years of marriage. Joe lives with his son Michael and his wife Susan in a beautiful home in Point Loma that the two built over the course of eleven years. Michael, was just seven when they began its construction in 1957. The house is filled with memories of Joe's incredible life, his beloved wife, and his cameras. Joe continues to share his life stories throughout San Diego and beyond, with dancing eyes and melodic laughter. He travels to Pow Wows, celebrations and ceremonies. He recently was honored by the San Diego Cherokee community at the San Diego Veterans Museum in celebration of his 101st birthday, just one of many celebrations of this incredible milestone and even more incredible man. We are truly blessed to have him here with us. Thank you Joe Renteria for embodying the Warrior Spirit, love and resilience the likes of which few have ever encountered!





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Vincent J. Felitti, M.D.



A renowned physician and researcher, Dr. Vincent J. Felitti is one of the world's foremost experts on childhood trauma. Leading the charge in research into how adverse childhood experiences affect adults, he is co-principal investigator of the internationally recognized Adverse Childhood Experiences (ACE) Study, a long-term, in-depth, analysis of over 17,000 adults. Defying conventional belief, this study famously revealed a powerful relationship between our emotional experiences as children and our physical and mental health as adults. In fact, the ACE study shows that humans convert childhood traumatic emotional experiences into organic disease later in life. Revolutionary at its inception, Felitti's groundbreaking research remains extremely relevant to today's healthcare models.

Founder of the Department of Preventive Medicine for Kaiser Permanente, Felitti served as the chief of preventive medicine for over 25 years. Under Dr. Felitti's leadership, his department provided comprehensive medical evaluations to 1.1 million individuals, becoming the largest single-site medical evaluation facility in the western world. During this time, Felitti's revolutionary health risk abatement programs incorporated weight loss, smoking cessation, stress management, and a wide range of cutting-edge efforts to reduce patient risk factors. Dr. Felitti is Clinical Professor of Medicine at the University of California, and a Fellow of The American College of Physicians. He is currently Senior Editor of The Permanente Journal and on the



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International Editorial Board of the Swiss medical journal, Trauma und Gewalt. Dr. Felitti has served on advisory committees of the Institute of Medicine, the American Psychiatric Association, the Committee of the Secretary of Health and Human Services for Healthy People 2020, and the Advisory Committee on Women's Services at SAMHSA.

A noted expert on the genetic disease hemochromatosis, as well as obesity, he educates audiences around the country on these two very common, deadly maladies. An engaging speaker, Felitti has traveled the world speaking with audiences and various policy leaders about his research. A well versed medical expert, Felitti also uses his knowledge to speak out against domestic violence and other forms of childhood trauma. Drawing on his years of experience, he has become an important voice advocating for the wellbeing of children everywhere. While time may not heal all wounds, Felitti helps show audiences how we can understand these physical and mental traumas, and ultimately, prevent them.

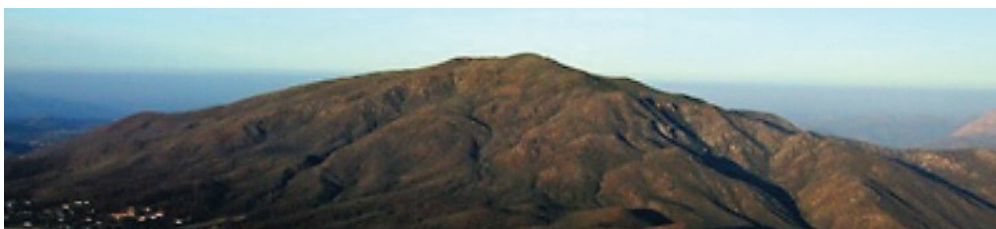
Barbara Leo



Barbara Leo (Capitan Grande Band of Mission Indians, Viejas group- mother, grandmother) "Viejas Mountain, when I was a child the chaos of violence & alcoholism would take me to the mountain- I would often day dream about the mountain.

It comforted me with its look of peacefulness; it-looked safe to me.

A place where I could see everything."





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Terese Yanan

Terese Yanan began working in Mexican Hat, Utah for DNA – People’s Legal Services, Inc. in 1993. Since 1994, she has been the Director of the Native American Protection & Advocacy Project, which began as an office of DNA. In October 2005, the Native American P&A was established as a separate non-profit organization now known as the Native American Disability Law Center. The Native American Disability Law Center is one of the few disability advocacy offices in the country that focuses on the special legal needs of Native Americans with disabilities. Ms. Yanan specializes in representing adults and children with disabilities. She has represented children in every level of the special education process in Arizona, New Mexico, Utah, and in schools funded by the Bureau of Indian Education. She has also been involved in major efforts to improve protections for the civil rights of Native Americans with disabilities in federal and tribal courts, to increase statutory protections for Native Americans with disabilities and to expand the understanding of the unique issues facing Native Americans with disabilities

Alexis DeLaCruz

Alexis DeLaCruz is a staff attorney at the Native American Disability Law Center. Ms. DeLaCruz joined the Law Center in March 2014. Her practice focuses on ensuring Native American children with disabilities obtain appropriate educations in the Four Corners region of the Southwest. Ms. DeLaCruz has represented children with disabilities, and their families, in special education proceedings in Arizona and New Mexico and in schools funded by the Bureau of Indian Education (BIE). She also represents children entitled to Indian Child Welfare Act protection in New Mexico state abuse and neglect proceedings. Currently, Ms. DeLaCruz is the Law Center’s lead counsel on the landmark federal case *Stephen C. vs. BIE*, a historic civil rights case advancing the educational rights of Havasupai children. Ms. DeLaCruz is from Denver, CO, and graduated cum laude from Seattle University School of Law.





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Angel Gosek

Angel Gosek, Viejas Band of Kumeyaay Tribal Citizen, is a poet/songwriter, singer and firefighter. Angel's resiliency; overcoming hardships is expressed through his poetry and songwriting. Angel's poetry & songwriting is his way of healing—in this he has found a way to work through hurt, pain and gain insight to himself & feelings. As such, his healing thru poetry journals a young boy overcoming the emotional pain & trauma of the suicide of a parent, addiction, abuse, disconnection with Tribe—to healing & reconnection with familial tribal ties; ultimately leading him to a sense empowerment and identity. Angel, the father of two young boys, has his own production studio- where he enjoys supporting community talents and expression.

Angel's music can be found on iTunes-Angel humbly expresses "We are all working to heal in some way shape or form; poetry/songwriting/performing has helped me".

Julie Osuna

Julie Osuna is the Project Coordinator for Building Iipay Nation (BIN). BIN is an ANA funded Workforce Development Project located in Santa Ysabel. Education and Economic Development are the two main objectives of the grant. Born and raised on the reservation Julie has witnessed firsthand the effects of Historical Trauma within the community. At the age of 13 till 20 Julie used drugs and alcohol, until her journey began of self-discovery and her purpose in life. Presently Ms. Osuna lives within the Nation with her spouse Virgil Perez and their blended family of 7 kids. This young lady has been a positive role model in her community and for her family, this is her purpose in life. Being involved in the community, volunteering and engaging in tradition, helped her walk a path she didn't know was possible. Julie has coordinated 8 crews of participants from the BIN program and Co-Facilitates with Jim Warne and Bernice Paipa to provide students with an understanding of the Impact of Historical Trauma in Tribal Communities, promote strong work ethics, develop self-awareness and pride in Tribal Communities.





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Karen Waconda-Lewis



Karen is from Isleta Pueblo, New Mexico: She is currently in the process of obtaining a M.S degree in Community Health, at the University of New Mexico. She has obtained her B.S. in Nutrition & Community Health, at University of New Mexico.

She has been an Initiated Medicine Healer for over 21 years.

She has performed ceremony and has deep knowledge and understanding of and in minerals, crystals, sweat lodge ceremonies, flower and mineral essence, and herbal tinctures. She has also conducted ceremonies for death and dying, marriage, initiation, Talking Circle and Blessings. Karen is also the owner at Wa'Kanda Retreat and Spa and was a Health Educator for the Pueblo of Laguna for 2 years She currently serves at the Appointed Volunteer Facility, University of New Mexico, School Of Medicine, Community and Family Medicine and is an Appointed Admission Committee Member, BA/MD, UNM, School of Medicine.

Karen's interests are:

Planning, development of healthcare systems

Connecting, networking and strategic planning in community development in healthcare issues, program development and evaluation

Increasing productivity in staff development in utilizing stress management and relaxation Integrative healing and connecting Western Medicine and complementary medicine to enhance and support traditions and culture
Family and community connection and communication





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Tangerine Risberg



Tangerine Risberg, descendant from Taos Pueblo, NM and the Choctaw-Chickasaw Nation of OK. Owner and operator of Native Dreams Day Spa. Tangerine grew up in home witnessing domestic violence from birth to 8 years old. Because Tangerine scores so high on the ACE's test, she is a good example of resilience. She has always been a hard working single-mother of two boys: Darius, 23 and Grayson, 16. She put herself through beauty school and worked part time in the beauty industry consecutively while working nights full-time at Viejas Casino (Slot Department 2002-2012). In 2012 Tangerine opened her first business, Native Dreams Day Spa & Full Service Salon at Viejas Outlet Center.

Native Dreams Day Spa has been very successful and maintains high ratings on social media. After attending a talk about Early Childhood Trauma and the ACE's Study given by Dr. Felitti and Anthony Pico, Tangerine began to mentor teens at her former continuation high school. She focused on teaching them about trauma and the ACE's study during her weekly Talking Circles. Tangerine has now partnered with Medicine carrier Karen Waconda from Isleta Pueblo, NM to introduce more emotional and spiritual healing through the services offered at Native Dreams Day Spa. Together they envision opening Healing Centers that are connected to the community and offer a safe place to heal thru traditional modalities and medicines. Tangerine actively travels home to New Mexico for ceremony and attends Sweat Lodge with her spiritual leader's Dennis & Corina. She offers prayers up to Women Nation, Mother Earth and the millions of people suffering from trauma in our prison systems here in America, prayers for the children who are suffering and prayers that their parents will find a spiritual leader or mentor to help end the cycle of abuse.





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John Christman



John Christman, the son of Harold “Satch” Christman is a lifelong resident of the Viejas Indian Reservation. John found his calling early in life being mentored by several traditional singers and became one of the most respected traditional singers of the Southern California, Western Arizona and Southern Nevada regional areas. He has spent 30 years signing traditional music almost exclusively at wakes and funerals. There are few singers in Southern California who take up this endeavor because it requires a great deal of dedication. That dedication is in the form of having to sing frequently when someone passes away. There are sixteen Indian reservations who have called him to sing at a wake. This means he sings all night to help relieve bereavement and help people cope with death. To choose this path is not easy. To be a traditional singer, it takes someone who is very generous, compassionate, someone who is empathetic, profoundly respectful, mentally strong and requires great stamina.

John has all of these gifts.

John has served as both Vice Chairman and Tribal Treasurer of the Viejas Band of Kumeyaay Indians. He is forty-nine years old and is married to Marla. They have two daughters, Rylee, fourteen and Emma, seven. He has three grown children, Phillip, Dylan and Raven Christman.

John is employed by the Viejas Casino & Resort. He is the manager of facilities support.

John gives away what he was given. He teaches culture: music, singing, dancing, language and peon, a southern California traditional gambling game.

The Viejas Band of Kumeyaay are very proud of John Christman. Proud that he gives back to his community and thereby helps us heal from historical trauma.





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Jodene Cuero



Jodene is a licensed MFT and a PSY D Candidate at Alliant International University. Jodene is a member of the Navajo Nation. Jodene has extensive experience to critique and adopt Marriage and Family Therapy Theories to the need of the American Indian population. Jodene's work integrates many aspects of culturally competent social and health services including Tribal TANE, ICWA: Indian Expert Witness, mental health, American Indian traditional medical health, preventive medicine and alcohol and other drug services. Jodene is devoted to working with the American Indians and other minority populations to ensure quality and culturally appropriate services are provided.

Matt Erb



Matt Erb is a faculty member and clinical supervisor with The Center for Mind-Body Medicine and founder of Embody Your Mind, focused on teaching and consulting in mind-body medicine, integrative medicine and wellness. Trained as a physical therapist, he brings a deep understanding of the inseparability of body and mind and views the body





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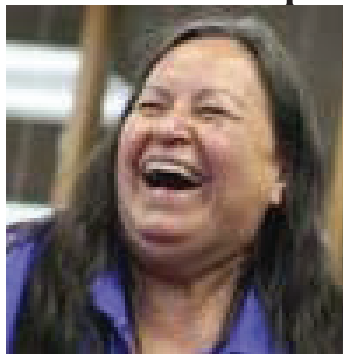
as a fundamental avenue for exploration within each person's psychospiritual process. As a long-time advocate for Native communities and an advisor for Sharing Culture, an Australian non-profit devoted to building awareness of historical trauma and epigenetics in indigenous communities, he brings knowledge of both the scientific and spiritual complexities of stress, trauma, and resiliency.

Noshene Ranjbar, MD



Dr. Noshene Ranjbar is Assistant Professor of Psychiatry at the University of Arizona College of Medicine - Tucson, Director of the Child and Adolescent Psychiatry Clinic and Integrative Psychiatry Clinic at Banner - UMC South. Dr. Ranjbar's interests include integrative psychiatry, health disparities with focus on Native American health, and mind-body medicine. She serves as faculty at The Center for Mind Body Medicine where she is involved in building health promotion programs within Native communities.

Donna LaChapelle



Donna La Chapelle is an Ojibwe-Dakota woman. She is an enrolled member of the White Earth Nation. Donna's passion is to teach and share all that she has learned from her elder's through a Cultural lens that encompasses history, ceremony, song and language. The





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Elder's gave Donna a foundation to build her life experience and a foundation that is rich in spirit and the value of ancestral knowledge. Donna's education has been life-long in the study of the Healing Arts and American Indian Studies at the University of Minnesota. Donna is a Faculty member for The Center for Mind-Body Medicine, Washington D.C. and carries a Certificate in Aboriginal Focused Oriented Therapy. Donna currently works at the Native American Community Clinic in Minneapolis where she is Elder in Residence.

Linda Eagle Speaker



Linda Eagle Speaker, Elder in Residence for the Minnesota Indian Women's Resource Center, provides cultural support services to American Indian women and families who are experiencing loss of spirituality, loss of culture-connection, and loss of traditional customs as a result of inter-generational trauma. She assists MIWRC management in developing and implementing cultural ceremonies, facility blessing ceremonies and other cultural events. Linda is a faculty member for The Center for Mind-Body Medicine, Washington D.C. and she incorporates mind-body medicine (MBM) practice into agency programs, as well as sharing MBM with other urban and tribal agencies. Linda is a traditional teacher and healer from the Blackfoot Confederacy, Blood Tribe.

Andrew Kicking Horse

Kicking Horse is a member of the Choctaw Nation in Oklahoma and is a direct descendant of Chief Pete Maytubby who was a Choctaw Code Talker. Kicking Horse grew up in Oklahoma before moving to Texas in 1963. He was raised by a single-mother alongside his two siblings. He has been imprisoned since 1986, and conducts the Sweat Lodge Ceremonies, he actively advocates for rights of Natives behind bars, and keeps the old beading traditions alive by teaching and educating the brothers who are incarcerated.





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Carol Robinson-Zanartu, PhD



Dr. Carol Robinson-Zanartu is Professor Emerita, Department of Counseling and School Psychology at San Diego State University, where she served as department chair for 16 years and has taught for some 30 years. Her work has been devoted to educational equity, with a strong commitment to and emphasis on culturally responsive work with Native American and Indigenous youth. The intersection of healing from historical and intergenerational trauma with culturally affirmative resilience work with youth is central in her current work. She has been awarded numerous federal grants designed to prepare school psychologists and counselors to serve Native American and Indigenous youth and communities, and currently partners with the Kumeyaay Nation, especially the Campo Band, and the public school that serves them. She was awarded the 2015 SDSU Alumni Association Award for Outstanding Faculty Contributions to the University, which emphasized her work with Native communities, and the 2014 NASP Presidential award for collaboration and advocacy. She has published over 50 professional articles and book chapters, primarily related to issues of equity, and made over 120 international, national and statewide professional presentations. One of her early (1996) articles, *Serving Native American children and families: Considering cultural variables*, became a standard reading assignment for graduate students in speech therapy. A second (with Majel-Dixon, 1996), *Parent voices: American Indian relationships with schools* is still cited in discussions about discontinuity between Native American and western approaches to schooling. Much of her work is collaborative, such as the co-authored (2009) article (with Mays, Gallardo, and others in the *American Indian Culture and Research Journal*, *Expanding the circle: Decreasing American Indian mental health disparities through*





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culturally competent teaching about American Indian mental health, and a 2014 collaboration (with Aganza, Gonzalez, Godinez, & Smith), Using cultural assets to enhance assessment of Latino students, which also has strong application to work with Native youth. Several are collaborations with NASP's Native American work group leadership (Charley, Dauphinais, Baas, & Melroe); for example: Using an Indigenous Conceptual Framework in Assessment: A Native American Perspective–Part I (in press), and a second, Using the NASP framework for effective practice with Indigenous youth, families, and communities (2015). She and the presenters are in the process of submitting their current work for publication.

Scholars



AJ Newcombe, M.S.



Nora Netzosie, M.S.



Tiffany Haswood, M.S.



Breeana Galster, M.S.

Andrew J. (AJ) Newcombe, M.S.

AJ is a school psychology intern in Carlsbad, CA. He is completing the school psychology program at SDSU, where he served as a graduate research assistant on the bilingual school psychology project with Dr. Robinson-Zañartu. He is fluent in Spanish, Peruvian Sign Language, and has ancestral roots in Mexico. He has volunteered extensively with youth from challenging backgrounds, is passionate about social justice, and is a co-author on a recent article on work with immigrant students.





WARRIOR SPIRIT

2018



Nora Neztosie, M.S.

Nora is a member of the Diné (Navajo) Nation, currently a school psychology intern, and was previously a special education teacher in Tuba City, AZ. She is completing the school psychology program and Native Scholars project at SDSU in May of 2018 and developed innovative curriculum to work with local indigenous youth. Building on her own rich traditional knowledge, and drawing from the teachings of her elders, she adapted lessons to Kumeyaay traditions in order to foster critical thought while building identity and resilience with local indigenous youth.

Tiffany Haswood, M.S.

Tiffany is a member of the Diné (Navajo) Nation and currently a school psychology intern in Sweetwater Union High School District. She came to SDSU's School Psychology Program and Native Scholars Project from her work as a special education teacher in Tuba City, AZ, on the Navajo Nation. She completed the school psychology program and Native Scholars project at SDSU in May of 2018 where she began her own decolonizing work, accessing the wisdom of her grandfather, and her tribal mentors. She has been diligent in her learning about local communities to inform her work with local (Kumeyaay) youth, learning to access their culturally based assets in tutoring with them on academics as well as in resilience groups.

Breeana Galster, M.S.

Breaana, Acjacheman Nation member, is currently a school counselor in Cajon Valley, CA, and is a former high school science teacher. She completed SDSU's School Counseling Program and Native Scholars Project in May of 2018, where she developed a strong awareness of the effects of her own challenging past on her path, and the need to heal, calling on her grandmother's teachings as inspiration. She transformed her own powerful personal learning into her creative work on the project with youth, where she worked for two years with Kumeyaay youth, designing and delivering lessons and activities to enhance identity and resilience, and in academic interventions.





WARRIOR SPIRIT

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Sandra White Hawk



Sandra White Hawk is a Sicangu Lakota adoptee from the Rosebud Reservation, South Dakota. She is the founder and Director of First Nations Repatriation Institute. First Nations Repatriation Institute (FNRI) is the first organization of its kind whose goal it is to create a resource for First Nations people impacted by foster care or adoption to return home, reconnect, and reclaim their identity. The Institute also serves as a resource to enhance the knowledge and skills of practitioners who serve First Nations people. Sandra organizes Truth

Healing Reconciliation Community Forums that bring together adoptees/fostered individuals and their families and professionals with the goal to identify post adoption issues and to identify strategies that will prevent removal of First Nations children. She has also initiated an ongoing support group for adoptees and birth relatives in the Twin Cities Area.

Sandra is a consultant for the Center for Tribes, Center for Regional and Tribal Child Welfare Studies University of Minnesota Duluth and The Hennepin County Indian Child Welfare Unit and works at the Indian Child Welfare Law Center. Sandra has become a spokesperson on the issues of the adoption and the foster care system and how it has impacted First Nations People. She has traveled throughout the United States, Canada, Costa Rica, Australia and Japan, Alaska sharing her inspirational story of healing.

Sandra served as Commissioner for the Maine Wabanaki State Child Welfare Truth and Reconciliation Commission and served as an Honorary Witness of the Truth and Reconciliation Commission on Residential Schools in Canada. She is also the First Vice Chair of the Native American Boarding School Healing Coalition.





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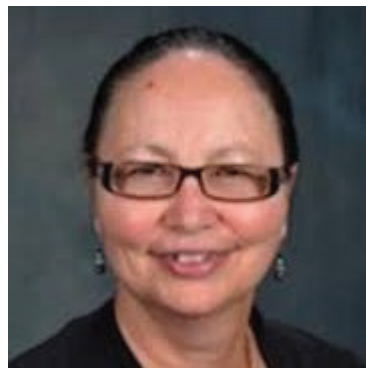
Sandra is a contributing author to:

Outsiders Within, J. J. Trenka, J. C. Oparah & S. Y. Shin (Eds.), Outsiders Within: Writing on transracial adoption (pp.). Cambridge, MA, South End Press,
Parenting as Adoptees; Adam Chau, Kevin Ost-Vollmers (Editors)
The Kinship Parenting Toolbox, Edited by Kim Phagan-Hansel.

Sandra has received the following awards:

The National Indian Child Welfare 2017 Champion for Children Award
Women in Wellbriety Dana Tiger Award for Creating Change in Nations, 2014
Named one of The INNOVATORS in Color Lines Magazine, 2008
Named one of the 50 Visionaries Who are Changing Your World Utne Reader, 2008
Named Outstanding Native Women Award from the University of Minnesota 2003
Named one of the “50 Most Influential and Cool People” of Madison, WI,
in Madison Magazine, November 2002.

Priscilla A. Day, MSW, Ed.D



Priscilla is a tenured full professor at the Department of Social Work, University of Minnesota Duluth since 1993. She is Principal Investigator for the Center for Regional and Tribal Child Welfare Studies whose mission is “to advance the well-being of children by strengthening families and communities through social work education, research, and outreach in the region.” She is an advisory board member and consultant on the Children’s Bureau Capacity Building Center for Tribes, and writer and trainer for ICWA and tribal leadership curriculum in Minnesota and nationally.
Dr. Day’s area of research is American Indian family preservation. She is the mother of three and grandmother of nine wonderful children.





WARRIOR SPIRIT

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Pricilla A. Day, MSW, Ed.D. Relevant Publications

- Gould, R. & Day, P. (2017). "You are Here Because the Land Called You": Searching for Vivir Bien/Living Well. *Journal of Indigenous Wellbeing-Te Mauri-Pimatisiwin*, 2 (3).
- Day, P. (2016). *Encyclopedia of Social Work*. "Indigenous Peoples and Cultural Survival". Frost, P (Ed.), Oxford University Press, New York, NY.
- Smalling, S., Day, P. & Bussey, B. (2015). "Indigenous Child Welfare". *Contemporary Issues in Child Welfare: American Indian and Canadian Aboriginal Contexts*. J. Dena Ned, J.D. & Frost, J. (Eds.), JCharlton Publishing Ltd., Vernon, BC, Canada.
- Day, P. (2014). *Social Issues in Contemporary Native America: Reflections from Turtle Island*. "Raising Healthy American Indian Children: An Indigenous Perspective". Weaver, (Ed), Ashgate Publishing. Williston, VT.
- Day, P. (2014). *Social Issues in Contemporary Native America: Reflections from Turtle Island*. "Tradition Keepers: American Indian/Alaska Native Elders". Weaver, H. (Ed), Ashgate Publishing. Williston, VT.
- Day, P.A. (Guest Editor) Spring 2014, *Center for Advanced Studies in Child Welfare CW360° "Culturally Responsive Practice"*. School of Social Work, University of Minnesota.
- Bussey, B. & Day, P. (Spring 2014). "Dabinoochiwag (For the Children): A University, Tribal and County Partnership-A National Child Welfare Workforce Institute Initiative". *Center for Advanced Studies in Child Welfare CW360° "Culturally Responsive Practice"*. School of Social Work, University of Minnesota.
- Day, P. (Spring 2013). *The Intersection of Child Welfare and Disability: Focus on Children CW360°*. "Gifts from the Creator: Disability in American Indian communities". Center for Advanced Child Welfare Studies, University of Minnesota, Minneapolis, MN.
- Marcynszyn, L.A., Small Bear, P., Geary, E., Conti, R., Pecora, P.J., Day, P.A., & Wilson, T., (2012). *Family Group Decision Making (FGDM) with Lakota Families in two tribal communities: Tools to facilitate FGDM implementation and evaluation*. *Child Welfare*, 2 (3), pp. 113-134, Washington, D.C.





WARRIOR SPIRIT

2018



Prosper Waukon



Prosper is an accomplished businessman, indigenous leadership facilitator, Indian youth specialist, management/employee team development, program & community coalition building, organizational strategist, human resources diversity consultant. He has held 17 directorships for 17 different organizations in the public and private sectors, the majority of which have been with

Indian programs. He has served as an officer on 22 community, city and state boards. He incorporated and was the President/CEO of four profit making businesses and founding member of five non-profits. Prosper has over 40 years of leadership & management experience, 28 years of those years, managing, restructuring, and transforming Indian organizations and businesses into peak performing self-managed teams. Prosper comes from a long line of Hocak (Winnebago) hereditary leaders from the Thunderbird Clan (tribal leadership clan). As a single father, he supported his family and put himself through college while working 2 part-time and 1 full-time jobs, graduated with a degree in Business Administration from the University of St.

Thomas, St. Paul, Minnesota. He was hired by Honeywell, Inc., and with his considerable management and negotiating skills, he rose quickly through the ranks to assume the role of principal advisor/negotiator for Honeywell in a Black Hills land dispute between the Pine Ridge Indian Reservation, the Cowboy and Indian Alliance, Honeywell, and the state of South Dakota.

Prosper was successful in negotiating a win-win situation for all parties concerned. He later returned to the University of St. Thomas to

work on his MBA graduate studies. After Honeywell, Prosper ran his own award-winning business in some of the most economically deprived and troubled neighborhoods of the inner city, where he trained and employed the hardest-to-hire, local neighborhood residents and gang members. In 1994, his company, Prosper Industries, Inc. (PPI) won the Minnesota Minority Supplier of the Year and was later awarded the Regional I National Minority Supplier of the Year in Washington, D.C. PPI had a workforce of over 480 employees located at





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three sites doing contract manufacturing for the commercial sector and U.S. Department of Defense prime military contractors.

In 2002 Prosper returned to live and work on the Winnebago Indian Reservation in Nebraska where he grew up and to raise his two grandchildren, Takotah Spirit (10 mos.) and Ciarrah Reine (4.5 yrs.). Prosper restructured his tribes three youth programs, preventing state and federal termination for non-compliance, established four new programs for the reservations public high school: Strengthening Families Program; Communities Mobilizing for Change on Alcohol Use; Protecting You, Protecting Me, and developed the Transcendental Meditation Technique TM as part of the school's regular curriculum for grades 5-12. Prosper formed the Ho-Chunk & Hope Coalition, a coalition of tribal organizations, chartered the first Boys & Girls Club for tribe, developed the Project Step-Up program, a technical and educational career development program, and assisted in tribal planning, reporting directly to the tribal chair. This move also re-connected him more deeply with his tribe's traditional knowledge and values—and with his life's calling: to bring forward the indigenous perspectives of our multi- dimensional universe. Prosper serves as a guide through intersections of modern times and past generations, the empirical and the intuitive worlds, the seen and unseen worlds, and the Sacred and the Profane. During this same time, Prosper worked as a consulting Director to the David Lynch Foundation and was awarded the "Custodian of Natural Law" for the Winnebago Tribe and the whole of Indian Country by the foundation. He was also the consulting Co-Director to the Maharishi Foundation U.S.A. Inc. and was awarded the esteemed Maharishi Award by the Maharishi University of Management. Additionally, Prosper worked as consultant to the Sac & Fox Nation, Reserve, Kansas for coalition building, grant writing and fundraising, the World Council of Elders, Boulder, Co for organizational strategy, program development and fundraising, and consultant in contract manufacturing to Urban Ventures, one of the largest non-profits in Minneapolis. In August of 2012, Prosper and his wife Jan Waukon, along with their two grandchildren, Takotah and Ciarrah relocated to Oracle, Arizona where Prosper formed a business with partner Rick Turner to incorporate, The Pros-Turn HVAC Consulting, L.L.C. Prosper was hired by Gila River Indian Community, Employment & Training Department as a trainer for a pilot program, Career Pathways. He was later hired as a TERO (Tribal Employment Rights Ordinance) Compliance Officer for the tribe. Prosper currently resides in Tucson and has recently retired from the Gila River Indian Community in Sacaton, Arizona. Prosper currently does consultant work for Indian programs.





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Wolf Diaz



David “Wolf” Diaz, who is of Chiricahua Apache, Hispanic, and Isleta Pueblo ancestry is the Founder and President of “Walk of the Warrior”, an American Indian outreach program addressing substance and alcohol abuse on the reservations. One of the motivating factors for forming this non-profit corporation came out of Wolf’s challenges dealing first-hand and over-coming addictions to drugs and alcohol. Wolf now has 17 years clean and sober. Wolf’s knowledge extends to behavior modification programs, 12-step format programs, out-patient and residential programs. He has extensive knowledge on the psychological, trauma, and spiritual aspects of addictions and certificates in Prescription Drug Abuse, Gangs and Drugs in Indian Country from Lamar Associates. He has completed a training course on Drugs of Abuse: Identification and Abatement in Tribal Housing Communities from the National American Indian Housing Council. Wolf is a successful grant-writer and also holds a seat on the Substance Abuse Committee which is part of the Southern California Tribal Chairmen’s Association. With this knowledge he has taken it to new levels and wanting to be of service and give back to the American Indian communities on a grand-scale. Through his passion, it is Wolf’s intention to bring “Walk of the Warrior” in a good and humble way and in a sacred manner from a traditional standpoint. This is the cornerstone of the spiritual program. The vision for Walk of the Warrior came about during a time of serious soul searching and surrendering his life to the Creator’s will rather than follow his own. Instead of robbing others to help himself he now robs himself to help others to take his experiences and give-back to his people. The process and this turning point are thoughtfully depicted in his art-work of which he has been able to use as a fundraising tool for operational costs. Equally, Wolf’s carpentry skills have funded additional costs. Wolf has written a Children’s Book about Trees and is now working on the illustrations for it





WARRIOR SPIRIT

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and when the book is published the proceeds from sales will go to the program as fund raisings. Wolf also does motivational speaking engagements and shares his experience, strength, and hope to inspire others.

David “Wolf” Diaz, President & Founder of Walk of the Warrior

Contact Info

Cell: (310) 866-7057

Email: walkofthewarrior@yahoo.com

Website: www.walkofthewarrior.com

Address: 25 Browns Road Alpine, California 91901





WARRIOR SPIRIT

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Youth Voice is a multi-generational mentoring, youth leadership program for youth, ages 11 to 24, in partnership with the Mid-City Police Division in City Heights. Partnering with the Juvenile Services Team, community mentors (ex-felons, ex-gang members), interns from Point Loma Nazarene University (criminal justice and social work) and San Diego State University (child, family development), and the leadership team mentor the youth leaders through an ACEs Science (impact of trauma on the brain, biologically on the body, toxic stress, epigenetics, and resilience-building) empowerment model. (ACEs = Adverse Childhood Experiences). Included in all Youth Voice presentations is epigenetics on the ethnohistorical trauma of the genocide of our Native Americans and enslavement of our African Americans. Raising awareness of the structural racism in systems, their call to action is transforming systems from punitive to cultures of care, hope, and healing.

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Youth Voice leaders present before and engage with high-level policy and decision makers with a Call to Action and an Ask on Solutions through restorative practices, trauma-informed schools, empathy circles, and restorative justice with systems transformation, cross-sector in a socio-ecological model. Youth Voice has been flown to Sacramento to present on ACEs Science for the CA Dept. of Public Health before 33 youth-serving agencies in CA, Sacramento to





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engage with Assemblymembers and Senator aides on Policymaker Education Day, International visitors from 20 countries in the European Delegation, 15 countries in North Africa and the Middle East. Presenting before the City of San Diego Commission on Gang Prevention & Intervention, they've presented before the San Diego Police Dept. Chief and high-ranking Officers, Assistant Chief of San Diego County Probation, Public Defender, National Conflict Resolution Center, CEO of the Burn Institute and been on panels in Orange County and San Diego County.

Dana Brown



Dana Brown is the ACEs Science Statewide Facilitator for Learn4Life and Organizational Liaison for ACEs Connection . Adverse Childhood Experiences (ACEs) is the impact of trauma on the brain neurologically, body biologically, toxic stress, epigenetics, and resilience-building. A social entrepreneur, Dana founded a character development program at Tierrasanta Elementary in San Diego, CA; co-founded Youth Voice and OurSOLES (Our Students of Leadership ~ Empowerment ~ Service), founded Youth Leadership TICS (Trauma Informed Community Schools) and Youth Leadership with McGill School of Success. Dana is a Commissioner on the City of San Diego Commission on Gang Prevention & Intervention and Chair of the Youth Committee. and has been vested with several boards and advisory councils. Presently, she is the co-chair of the San Diego Trauma-Informed Guide Team , on the Advisory Council of University of San Diego's Character Development Center and leadership team of the Clinton Health Matters Initiative . Receiving the Joy McAllister Advocacy Award from Mental Health America in 2014, President Obama's USA Volunteer Presidential Award in 2013 (San Diego Compassion Project), and the City of San Diego's Human Relations Commission Award in 2009, Dana's passion and calling is co-creating, with like-minded individuals, ACEs Science systems change in a socio-ecological model through advocacy, prevention and resiliency building





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Craig Beswick



Craig Beswick is the Vice-President with Learn4Life for Trauma Informed Career & Community Schools,

Career, Technical, Education (CTE), and Trauma-Informed Division. Learn4Life has created a trauma-informed division in an individualized learning model on behalf of 45,000 students in California through integrating ACEs Science with at-promise, highest need students in a transformational school culture. ACEs Science is the impact of trauma on the brain neurologically, body biologically, toxic stress, epigenetics, and resilience-building. (ACEs = Adverse Childhood Experiences)

Learn4Life is the education provider and ACCESS provider with the San Pasqual Academy, the first non-native education provider, engaged with the Soboba reservation in High Desert and through their mobile learning lab, vested with the Pala reservation. Learn4Life is communicating with CA Indian Manpower Consortium on partnership with workforce development on with Native American communities.

Developing ACEs Science train-the-trainers to build capacity and replicate throughout California through Wellness Committees comprised of: Yoga teacher, Meditation teacher, SOURCE (Students of United Respect, Consciousness, Energy), Counselors, Restorative Justice, Alumni (peer to peer who are graduated youth from Learn4Life). Learn4Life students become Alumni Ambassadors who are funded positions of peer to peer mentoring in schools, events, and academic tutoring.





WARRIOR SPIRIT

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Sammy Richardson



The Viejas Band of Kumeyaay Indians is proud to have so many young people who are dedicated to the well being of its people. One such is Sammy Richardson. Sammy is a life long resident of Viejas who was raised to be of service as his ancestor family is known for. He is known for being a grave digger and travels to other Reservations to do this. He carries this humble distinction with pride because he understands deeply this contribution is significant and important at a time when Native communities need support of each other. He is known as a single parent and the responsibility that goes with this requires one to be a mentor, be responsible and includes being able to support his family by being gainfully employed. He understands to be a parent he must love his children with affection, be sober and contribute back to his community. He serves the Tribe on its education, recreation and enrollment committee where he has served the last ten years. He has been employed by his tribal government the last nine years in the department of public works where he is a lead person. Sammy believes his most important accomplishment is being a single parent, raising his children to be productive citizens and contribute to their Native community as he was raised to do. He loves playing horseshoes and competes in tournaments. He also loves being around the elders. He knows there is profound wisdom there and he can learn about his people's recent history by just hanging out with them and learn from them about life. He has been taught by his beloved late mother the values of respect, contributing back to his people through service and being a role model to younger people. His purpose in life is to help other people in his community overcome tragic childhoods. experience. He wants to be a part of the Warrior Spirit Conference so he can share his painful adversity of youth and communicate how one can overcome the worst of childhoods and prevail to live in dignity, honor, truth, and not let trauma define him. He believes if he can help one person that's important.

Sammy Richardson has already helped many.



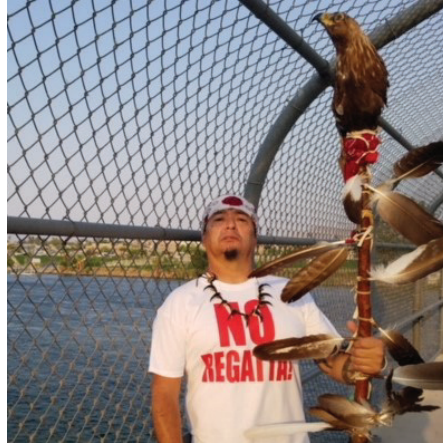


WARRIOR SPIRIT

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Bobby Wallace



Bobby Wallace, a citizen of the Barona Band of Mission Indians is a most remarkable man. He is known for being a champion for the people. He is a passionate activist who has led 5 caravans with supplies, clothing and people to Standing Rock to stand in solidarity with our oppressed Native brothers and sisters to bring fourth injustices because of a transcontinental oil pipeline. He has led many demonstrations as an advocate for justice, peace, and preservation of our Kumeyaay Culture. Bobby lists his most important accomplishment as learning the old ways of generosity, humility, tenacity, and respect for others and the sacred. He has been mentored by the late Honorable Leroy Elliott, Chairman of the Manzanita Band of Kumeyaay Indians and Mr. John Christman, a Viejas Tribal citizen arguably the most fluent of liisha singers.

The Sacredness of traditional music has occupied Bobby's life the last 11 years.

The commitment required to sing all night for the deceased at their wake and again the following year on the anniversary of the death, is one of the most difficult of obligations taken by any Kumeyaay.

Bobby Wallace is also a construction contractor who holds licenses in grading, paving and engineering.

He was a principal leader of the Yuman language summit for 2 years.

He is married to his beautiful wife Tina. He has 7 grown children, 2 boys and 5 girls.

Asked why he was interested in the Warrior Spirit Conference to Heal Historical Trauma?

He said to obtain information to help his people heal from alcoholism and Drug Addiction.





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Dolly Yafuso



Dolly Yafuso is a proud citizen of the Viejas Band of Kumeyaay Indians. She has resided on the Viejas Indian Reservation her entire life. Her passion, what she is known for, what she loves and her purpose in life is all one in the same. That is working with youth and mentoring them through the eyes of our Kumeyaay Culture. Dolly works with youth through the tribes recreation program where through the National Youth Council (UNITY) she and others teach community service, Kumeyaay Culture, promote higher education, reduce high risk behavior, and traditional Kumeyaay values. She believes her most important accomplishment is being a good mother to her two young girls. A good mother to her means nurturing her children so they grow to know they are loved, know they belong, know they matter and for her to model or become what her children will be.

Dolly graduated from Granite Hills High School and went on to Grossmont College majoring in Criminal Justice and Sociology. She is married to Larry and has two daughters.

Dolly Yafuso is highly interested in this Warrior Spirit Conference because she said, “When see my people happy and whole it makes my heart feel good. When I see my people unhappy, living unhealthy lifestyles, seeing discord among them it makes me feel sad. We have to love our people now even when the are not doing right, when they are hurting. I want to see the change in my people now.





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Blue Eagle Vigil



Blue Eagle Vigil (Viejas Band of Kumeyaay) 26, has two beautiful children Eagle & Lovely. He is the son of Diana & Orlando Vigil. For the past four years, Blue has been putting his heart & soul into learning traditional BirdSongs,
“I’m just doing my part to help our community.”

Raelyn Bichitty



Yá’át’ééh! Shi’eiya Raelynn Bichitty yinishyé. Tábaqahá nishlį́’’, dóó Tsi’naajinii báshíshchiin. Táchii’nii dashíchei dóó Tsé Njikiní dashínáí.
Ákótéego diné Asdza’ą́ nishlį́’

Raelynn Bichitty is 21 years old and of the Navajo and Chiricahua Apache people. She is Edgewater born for the Black-Streaked Wood People. Her maternal Grandfather is The Red- Running-Into-the-Water clan, and her paternal grandfather is of the Cliff Dwellers. Raelynn’s maternal family comes from Cowsprings, Arizona. Her paternal family is from Indian Wells, Arizona. She was born in San Diego, California and has lived in the city and on her reservation in multiple durations of her life. Raelynn has been dancing ever since she could walk. She enjoys designing, beading, painting, writing, and photography.





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She likes singing and has been able to perform at Copley Symphony Hall with the SDSU Concert Choir. Her family has traveled across the US to different pow-wows, where she has danced both contemporary and old style jingle. Raelynn has begun her 4th year at San Diego State University, majoring in English for Single-Subject Teaching and hoping to pursue an additional major in American Indian Studies. She aspires to becoming an English Literature teacher for High School students on her reservation. ultimate goal in life is to give back to her tribe and family through education, wisdom, and love through advocating on behalf of those who are unable to for each of their circumstances. She has said that it is a duty to heal the wounds of several ethnic genocides, to riot with paper and pen, and more importantly to share these stories from those previously unheard. Raelynn hopes to inspire students through lifelong mentoring and teaching on and off the reservation.

Raelyn is the President of NASA at SDSU and a mentor in the Elymash Yuuchaap Scholars and Leaders Program majoring in English and American Indian Studies.

Tami Decoteau, PhD



Dr. DeCoteau, a Licensed Clinical Psychologist, obtained a doctorate degree in Clinical Psychology in 2003 from the University of Nebraska-Lincoln with specialization in the cognitive-behavioral treatment of anxiety disorders for adults, adolescents and children. Dr. DeCoteau is a Trust-Based Relational Intervention (TBRI) practitioner. TBRI is a therapeutic model that trains caregivers to provide effective support for at-risk children. She is also trained in various other trauma treatment modalities including EMDR, somatic processing, attachment intervention, NMT (neurosequential model of therapeutics), and TF-CBT. Dr. DeCoteau has extensive experience working with patients who suffer from complex trauma, neurodevelopmental disorders, grief, anxiety, depression, and suicidal thinking.

Dr. DeCoteau has worked in a variety of outpatient settings and with a diverse patient population, including Veterans and Native Americans. She received the Indian Health Service





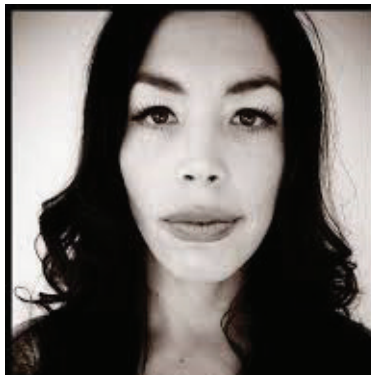
WARRIOR SPIRIT

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2009 Health Professional of the Year Award for outstanding service and the American Psychological Foundation 2010 Early Career Award for providing culturally competent practice techniques for Native Americans and for developing training programs in rural, underserved areas. This year Dr. DeCoteau was appointed by a member of the U.S. congress to serve the Commission on Native Children to help address the challenges faced by Native children. Aside from clinical work, Dr. DeCoteau has given numerous lectures on how trauma impacts attachment and brain development, in-school strategies for working with traumatized children, and historical trauma. She is a long-standing member of the American Psychological Association, an enrolled member of the Mandan, Hidatsa, Arikara Nation and a descendant of the Turtle Mountain Band of Chippewa.

Tria Blu Wakpa, PhD



Dr. Tria Blu Wakpa is an Assistant Professor of Dance Studies in the Department of World Arts and Cultures/Dance at UC Los Angeles. She earned her Ph.D. and M.A. in Ethnic Studies from UC Berkeley and an M.F.A. in Creative Writing from San Diego State University. Her research and artistic interests are in: Native American education, incarceration, and embodied practice; Indigenous contemporary dance and martial arts; North American Hand Talk (sign language); Native American literature and theory; and creative writing. Blu Wakpa has received major fellowships from the Ford Foundation and Fulbright. She has taught a wide range of interdisciplinary and community-engaged courses at public, private, tribal, and carceral institutions. Blu Wakpa is of Filipina, European, and tribally-unenrolled Native American ancestries. She is married to Dr. Makha Blu Wakpa (Cheyenne River Sioux) and the mother of their two children, Hante and Azilya.





WARRIOR SPIRIT

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Judge William A. Thorne, Jr.



Judge Thorne is a Pomo/Coast Miwok Indian from northern California, was appointed to the Utah Court of Appeals in May 2000 by Gov. Michael O. Leavitt. He retired in September of 2013. He was a judge in the Third Circuit Court for eight years, having been appointed by Governor Norman Bangerter in 1986, and then served in the Third District Court for six years, having been appointed by Governor Leavitt in 1994. Judge Thorne received a B.A. from the University of Santa Clara in 1974 and a J.D. from Stanford Law School in 1977. Judge Thorne has served for over 34 years as a tribal court judge in Utah, Idaho, Montana, New Mexico, Colorado, Arizona, Wisconsin, South Dakota, Nevada, California, Nebraska, and Michigan. He is the former president and current vice-president of the National Indian Justice Center (a nonprofit that trains tribal court and other personnel around the country), and a former member of the Board of Directors for National CASA (Court Appointed Special Advocates, a nonprofit group that provides volunteer representation for abused and neglected children in court). He was formerly a member of PEW Commission on Children in Foster Care, the Board of Directors for the Evan B. Donaldson Adoption Institute (a nonprofit seeking to improve the level of research and practice related to adoptions), a former member of the Board of Trustees for the National Council of Juvenile and Family Court Judges, a former board member for NACAC [North American Council on Adoptable Children] and a former member of the ABA Steering Committee on the Unmet Legal Needs of Children. He is also a former member of the Utah Judicial Council, the Board of Circuit Court Judges, and the Board of Directors for the National American Indian Court Judge's Association, and most recently ended his term as Chair of the Board for Child Trends, Inc. (a non-profit devoted to research dealing with children and families). He is also a former chair of the Utah Juvenile Justice Task Force of the Commission on Criminal and Juvenile





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Justice, former vice-chair of the Utah Board of Youth Corrections, former co-chair of the Judicial Council's Committee on Improving Jury Service, former chair of the Judicial Council's Bail Bonding Committee, former chair of the Court Technology Committee, former member of the Salt Lake County Domestic Violence Advisory Committee, and a former member of the steering committee for the Judicial Council's Task Force on Racial and Ethnic Fairness. He is currently Chair-Elect for the board of WestEd Inc. (a non-profit focusing on excellence and equity in education), a member of the board for the Center for the Study of Social Policy, a member of the Advisory Council for the Capacity Building Center for Tribes of the U.S.

Children's Bureau, and a member of the Coordinating Council on Juvenile Justice and Delinquency Prevention. In 2016 the National Center for State Courts recognized Judge Thorne with their Distinguished Service Award. Since his retirement from the bench, Judge Thorne has worked to improve the lives of children and their families.

Karan Kolb



Karan Kolb is a member of the Rincon Band of Luiseno Indians. She is the Social Services Director at Indian Health Council Inc. overseeing the Indian Child Welfare Act (ICWA) program for a seven Tribe consortium and is responsible for the delivery of many programs under the realm of social services Karan has over 27 years of experience working with Tribal

Governments and families in the areas of family preservation, court advocacy and reunification services as well as parenting and child welfare. She has developed the ICWA program by building communication and collaboration with partnerships with county, universities and tribal agencies championing the need for prevention services and training to tribes. Karan has participated in San Diego County's System Improvement Plan (SIP) and California State Disproportionality projects which included strategies aimed at reducing the number of Native American children in the child welfare system and improving the outcomes for Native foster children. She is a member of 7th Generation, a





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workgroup of various child welfare and community partners working together collaboratively to improve child welfare services for Native children and their families. She is involved with Commercial Sexual Exploitation of Children or (CSEC) Collaborative and Initiatives and served as a board member of the Strong Hearted Native Women's Coalition representing the Rincon Tribe. Karan serves as a Community Advisory member for San Diego State University School of Social Work and has been recently appointed as the delegate for tribal consultation with the state of California. She is a member of the ICWA state workgroup and participant in the California Indian Family Task force through the California Attorney General's Bureau of Children's Justice. She serves on the Native American Research Internal Review board and a Tribal Liaison for California State Covered California. Most recently she is a collaborative partner with the John Hopkins Pediatric Infant Care Collaborative with Indian Health Services implementing ACEs training and Trauma Informed Care throughout the health services as a Co-Director of the Prevention and Early Intervention Team and Interdepartmental Case Management Team crossing care into all departments. She earned her MA in Psychology with the University of Colorado. She is the mother of 2 children and has a 9 year old granddaughter.

Henry Quintero, PhD



Henry Quintero teaches literature for the Department of English and is the editor of RED INK, an International Journal of Indigenous Literature, Arts & Humanities. The journal is just one part of a larger initiative by the same name to enhance access to higher education for Indigenous communities, as well as global access to Indigenous creative and intellectual expression and discourse among native and non-native communities on indigenous issues.

Henry is also integrating Indigenous pathways to healing through traditional food understandings & practice. Mr Quintero host indigenous food network gatherings in AZ every year emphasizing the value of indigenous food as a modality of healing

Education: Ph.D. Arizona State University 2010





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Panquetzani



Indigemama: Ancestral Healing helps hundreds of women and folks each year attain optimal health. Inspired by Mexican Traditional Medicine (MTM), we have offered dozens of workshops throughout the “United States”, and internationally. Indigemama believes that mothers + primary parents are bearers of cultura, our first teachers, and healers of the family unit. Indigemama honors that human life comes through the womb, and that an intimate connection to the divine + Earth are maintained through this channel. Through one-on-one services, distance sessions, and in-person + web education, Indigemama aims to help you maintain harmony within yourself, your family, and the Earth, beginning with your matriz. To date, Indigemama has assisted more than three thousand women + folks across borders, using the tools of womb healing sobadas(womb massage), herbalism, and traditional bodywork + birthwork.

Panquetzani breathes life into ancestral traditions, offering time-tested wellness practices inspired by Mesoamerican medicine, Mexican folk healing, traditional foods, and herbalism. Panquetzani honors the 4,000 year-old traditions of her foremothers and integrates decades of study into her practice and daily life. She comes from a matriarchal family of folk healers, growing up with bedtime stories of miracles + deep transformation. These impactful narratives led Panquetzani to believe that all people have innate wisdom that can revolutionize their well-being, and that of their families + communities. As a traditional bodyworker + birthworker, herbalist, healer, and foundress of Indigemama: Ancestral Healing, and Indigescuela, her goal is to support, inspire, and gently guide clients + students. On her days off, you’ll find Panquetzani being a musician/domestic goddess, and connecting with mama nature + her children.





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Kenneth Ramos



Kenny is a Diegueño 'Iipay/Kumeyaay wellness advocate and theater artist. A direct descendent of the Barona Band of Mission Indians, Kenny grew up on the Barona Indian Reservation before graduating with a BA in American Indian Studies from UCLA. Kenny is trained in the Gathering of Native Americans (GONA) wellness curriculum and helps facilitate GONA retreats for urban Native youth from Los Angeles. He is a member of the Artist Ensemble at Native Voices at the Autry, the country's leading professional Native American theater company, and he collaborates with Dancing Earth, a professional dance company specializing in Indigenous contemporary dance focused on environmental justice. As a professional actor, Kenny has performed in Native-written work at Native Voices at the Autry, Oregon Shakespeare Festival (Ashland, OR), Cornerstone Theater Company (Los Angeles, CA), The Rose Theater (Omaha, NE), La Jolla Playhouse (San Diego, CA), and The Kennedy Center (Washington, DC) as well as musical productions at Moonlight Stage Productions (Vista, CA). He has performed his own creative work around the themes of land acknowledgement and two spirit identity at Grand Performances, UCLA, and at Southern Oregon University's 2018 Queer Indigenous Gathering. Kenny currently serves on the Community Advisory Board for Red Circle Project, LA County's only sexual health program targeting American Indian gay/two spirit men and transgender individuals, and also works with United American Indian Involvement, San Diego American Indian Health Center, and California Native Vote Project. At home, Kenny is involved with language revitalization efforts and volunteers with the Barona Circle of Elders, All Tribes in Recovery (Sycuan Indian Reservation), and The Rainbow of Truth (La Jolla Indian Reservation).





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Elder Calerina “Trini” Cuero (Kumai, Baja California Kumeyaay)



Calerina “Trini” Cuero celebrated her 85th birthday this year, and has dedicated herself to family- she has 11 children, many grandchildren, 3 great grandchildren and 2 great-great grandchildren. Calerina also known as “Trini” was born in San Jose, a small village 10 miles south of Tecate, Baja California on February 3, 1933, Trini celebrated her 85th birthday this year.. Her knowledge of making SHAWEE (a traditional Kumai/Kumeyaay food made from acorns) came from practical everyday survival; making shawee on a ahpi (Kumai word for matate or grinding rock) with her grandmother Alojias Thing also Kumai, was an everyday occurrence. Trini contributes to community sharing knowledge, kindness and a good nature spirit. She is consistent with keeping traditional food knowledge on the table by preparing traditionally SHAWEE, as many communities & individuals reach out to her to prepare shawee for gatherings, honoring, funerals, birthdays and various occasions.. The time it takes to process & prepare shawee is extensive- yet to this day-at 85-she still honors request to prepare shawee. Trini’s first language was Kumai, she learned Spanish at 19.

Trini graciously prepared shawee for Warrior Spirit Conference.

Preparing shawee is a multi step process requiring dedication, patience, connection and knowledge of environment. It’s a process that is passed on directly by a knowledgeable person to properly preserve its traditional preparation. With that said, there are different preferences-some prefer a more bitter tasting shawee and there are different consistency and texture as well. While others may not find a liking for the earthy healthy Kumai/Kumeyaay staple it’s a one of the defining traditional foods in our area.





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Sylvia Sherbert

Sylvia Christman- Sherbert is an elder and a resident of the Iipay Nation of Santa Ysabel. She is the daughter of Elizabeth La Chappa from Santa Ysabel and Ral Christman from the La Huerta Village of Kumeyaay Natives. She graduated from Granite Hills High School. Sylvia was married for a short time. Determined to be self-supporting and understanding the value of an education, she went to Grossmont College and worked at San Diego Wholesale Credit, a commercial credit reporting agency and collection bureau. Her hard work paid off; within six years Sylvia was promoted to the Assistant of the Legal Coordinations Manager. With her knowledge of Credit, Collections, Bankruptcy and Civil Litigation Sylvia went on to work in the banking industry. She enjoyed a career in banking that lasted over 45 years. Her last job was with San Diego County Credit Union where she audited real estate loans. She retired two years ago. Sylvia used to have to get up at 5:00 am to leave the house at 6:00 so she could be to work by 8:00. She allowed 2 hours to get to work so she would never be late. She continued to take classes through the Institute of Financial Education to gain knowledge of Credit and Banking and to enhance her career. Her lifelong goal was to provide a stable and nurturing environment for her son, Cedar Sherbert. Cedar graduated from the University of Southern California. He received his Bachelor's and Master's Degrees and Teaching Credentials. Cedar Sherbert is a film editor, director, screenwriter and film producer. Like his mother Cedar is strong and resilient, his goal is to produce narrative works that not only speak to Native and non-Native viewers from within our culture, but to challenge long held stereotypes concerning Native life. Since her retirement she has become an activist. She is a member of AIM (the American Indian Movement) and "The Longest Walk, War on Drugs and Domestic Violence." She has been to Standing Rock 5 times protesting the Dakota Access Pipeline. She always welcomes an opportunity to stand up for her fellow Native Americans. She is a respected elder and member of the Native American community and is looked up to by many for her strength and determination.





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Beverly (Panana/Doll) Banegas-Means



Born into a Kumeyaay-Luiseno family, I resided on the La Jolla and Barona Reservations. I am an enrolled member of the Barona Nation. I was raised by my grandmother Lenora Banegas. I attended Lindo Park Elementary, Pauma Elementary; St. Michaels High School in Az, Fallbrook High School, and graduated from Escondido High School.

Attended Business School in San Francisco on the BIA's Relocation Program and completed the Legal Secretary curriculum. I worked as a Legal Secretary in San Francisco five years, California Indian Legal Services two years. I attended San Diego State for three years before I got married and had a daughter and a son. I returned to work, part time, as Assistant Director of TRDC's Escondido Alcohol Program. I was Tribal Secretary before working in Pull Tabs for Barona's Bingo. I worked for the U.S. Postal Service, San Diego, 12 ½ years in Computer Forwarding Service, Equal Employment Office, and Labor Relations Department. Thereafter, I worked for my tribe 15 years as a Gaming Commissioner. I've served on various tribal committees since retiring in 2012 and presently serve as President of Barona Circle of Elders/Senior Program, Enrollment Committee member. I enjoy learning line dances, doing Senior Chair Yoga, Tai Chi and most enjoyable Senior Chair Volleyball.

I value and am most grateful for my 37 years of recovery in Al Anon, a twelve step program for families & friends of alcoholics. I'm proud of the generation after mine (baby boomers) for their enthusiasm to learn, participate in and continue their native cultural heritage.





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Anya Ashley, M.S.



Anya Ashley is a proud member of the Dine' Nation. She introduces herself respectfully. Dibe lizhini nishlii doo Kinyaa'aanii ba shishchiin. To dich'iinii ei dashicheii doo Ta'baahi ei dashinali. Akot'eego, Dine asdzani nishli. Shima ei Veronica Ashley wolyee doo shizhe'e ei Ambrose Ashley wolye. She is of the Black Sheep clan born for the Towering House clan. Her maternal grandfather's clan is Bitter Water and her paternal grandfather's clan is Waters Edge. In this way she represents herself as a young Navajo woman. Her mother's name is Veronica Ashley and father's name is Ambrose Ashley.

Anya is an advocate for Indigenous communities. She believes our generational traumas have continued to impact our communities with the effects of suicide, drug abuse, domestic violence, etc. However, through her own transformational healing process by combining both Traditional and Western ways of knowing she is optimistic about Indigenous Peoples fight to heal.

Presently, Anya resides at home within the four sacred mountains of Dinétah. She plans to continue working and living on the Navajo Nation. Anya has her Bachelors Degree in Public Health from the University of Arizona and her Master's Degree in Counseling from San Diego State University.

Richard Taliwood

Richard is a Dine' (Navajo) originally from White Cone, Arizona now living and working in Gallup, New Mexico. He is formally credentialed as a Certified Peer Support Worker (CPSW) by the State of New Mexico Board of Behavioral Health and a graduate of Haskell Indian Nations College. He has a vast background of education and experience in counseling Native American populations impacted by various forms of trauma. He is proud to state he is a recovered alcoholic and has been alcohol free for five years. He also has recovered from a traumatic brain injury. Richard is a member of Alcoholics





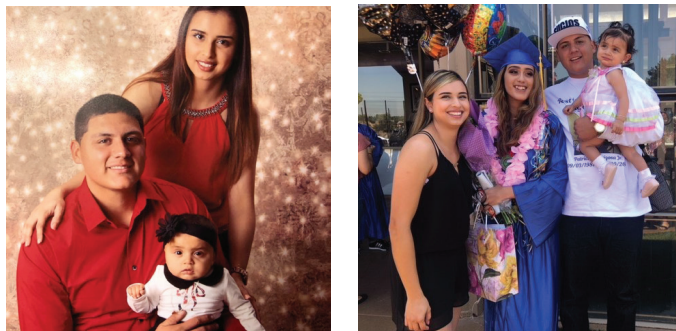
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Anonymous and the San Juan Independent Traumatic Brain Injury Program where he shares his professional counseling skills and life experiences with others. His interests include learning about Native American culture and history from his family and relatives through attending traditional healing ceremonies. Richard is the son of the great Native American artist, the late Richard Taliwood Sr.

Angel Gurrola



Angel Gurrola, citizen of the Viejas Band of Kumeyaay Indians, expresses love and value for his tribal community by exemplifying positivity, growth, and perseverance. “I want to break the cycles, I graduated because I wanted to make my grandma proud.” Angel honors his grandmother for teaching him values & respect, “My grandma told me to treat others with respect and others will treat you with respect.” Angel and his sister were raised by their maternal Kumeyaay grandmother, “My grandmother took my sister and I in after my mom and dad passed, I was 7 and my sister was 5,” he adds “I cried every day for eight years after my mom passed.” Angel recalls time with his mom, “my mom bought me a guitar and my grandpa taught me to play ‘It’s a Family Tradition’ I always reflect on him within my own music, I looked up to him as a musician.” Angel’s older cousins stepped in as father figures, “Kevin (Carrizosa) & Pj (Carrizosa) taught me to be a man, make the right choices, and watched over me as dads, they were always there for me.” Angel reflectively identifies, “I have family from all the Rez’s, I like to say it takes a whole Tribe to raise a good warrior, it took many people to help me.” Angel started working straight out of high school, married his best friend, and a year later welcomed his daughter “Rosalie” into this world. Angel works full time, supports his family, studying for his Insurance broker’s license and is pursuing his musical goals. He acknowledges the loss he’s felt, “With each person that passed it felt like a piece of me was taken, I know though they’re watching over me and are with me.”



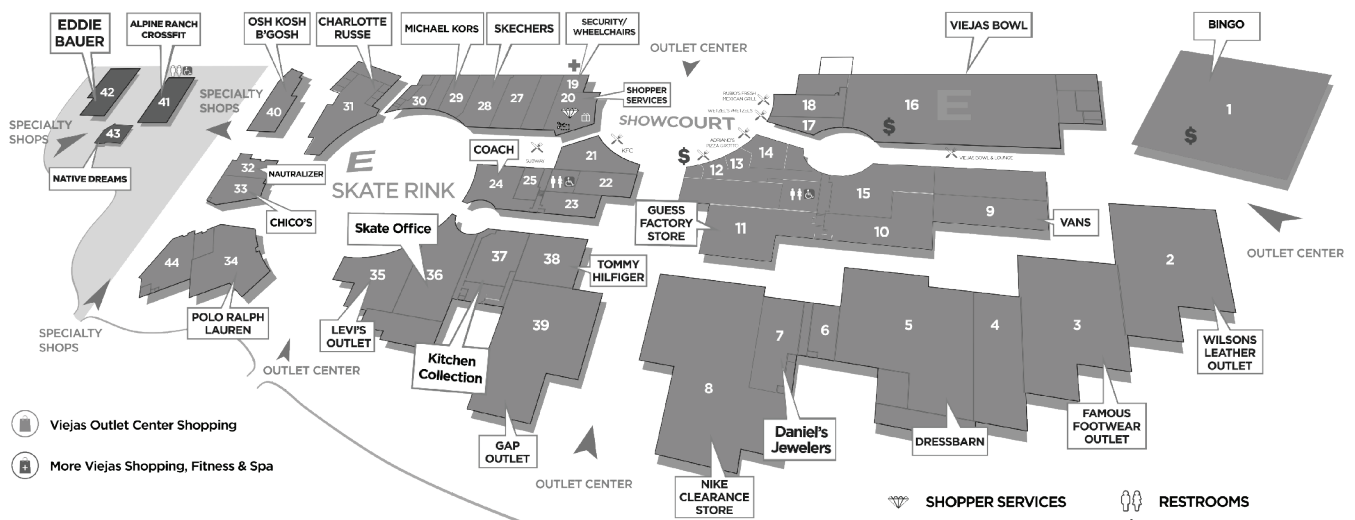
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FASHION & SPORTSWEAR

Charlotte Russe	31
Chico's	33
dressbarn	5
GAP Outlet	39
Guess Factory Store	11
L'eggs/Hanes/Bal/Playtex	4
Levi's Outlet	35
Nike Clearance Store	8
Polo Ralph Lauren	34
Tommy Hilfiger	38
Wilson's Leather Outlet	2

CHILDREN'S APPAREL AND TOYS

Carter's Children's Wear	27
GAP Outlet	39
OshKosh B'gosh	40
Polo Ralph Lauren	34
Nike Clearance Store	8
Christy's Toy Outlet	10

SHOES

Charlotte Russe	31
Famous Footwear Outlet	3
Guess Factory Store	11
Naturalizer	32
Nike Clearance Store	8
Skechers	28
Vans	9

CENTER DINING & ENTERTAINMENT

Adriano's Pizza Grotto	14
Bingo	1
Fro-Yo Café	13
Fun Zone Arcade	15
Interactive Fountain at ShowCourt	E
KFC	21
Skate Office	36
Skate Rink	E
Rocky Mountain Chocolate Factory	12
Rubio's Fresh Mexican Grill	18
Subway	25
Viejas Bowl & Lounge	16
Wetzel's Pretzels	17
Amoré's Gelato & Sweet Shop	30
Kitchen Collection	36

ACCESSORIES & JEWELRY

Coach	24
Daniel's Jewelers	7
Guess Factory Store	11
Michael Kors	29
Sunglass Hut	23
Wilson's Leather Outlet	2
SPECIALTY / OTHER	
Eddie Bauer	42
Native Dreams Day Spa	43
Alpine Ranch CrossFit	41

INFORMATION & SERVICES

Shopper Services	20
Stroller Rental	20
Wheelchairs Available (Security Office)	19

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Purpose of Traditional Healing Circle

By Native Health Care Solutions LLC and ARCHSOL, the Architectural Solutions Team

- To combine western medicine services and traditional healing from an Indigenous, holistic perspective to address trauma and behavioral health conditions experienced by Native Americans through the Traditional Healing Circle
- To expand and/or create a service and facility design for holistic health healing among Native populations at a tribal government or urban Indian organization through the Traditional Healing Circle
- To truly recognize Native American traditional healing as a bona fide, integral service along with modern medicine practices. To make this service and facility readily available to needy individuals, families, and populations at tribal and urban locations
- To develop and establish a facility that would include a men/women's sweat lodge, hogan (tribal cultural dwelling), tipi grounds, fire pit, shade house, community garden, meeting room, kitchen, and bathroom/shower facilities for tribes and organizations interested in providing holistic care to their needy populations
- To create a financial revenue system to receive Medicaid, Medicare, and Private Insurance reimbursement for services rendered to support the financial needs of Traditional Healing Circle services and facility
- To create a culturally sensitive architectural design, based upon tribal input, that incorporates all tribal culture, traditions, and history

Contact Information

Kenneth G. White Jr. CEO Native
Health Care Solutions LLC
kgwhitejr@suddenlink.net
(928) 853-7835

Alex Laky, Principal ARCHSOL
alaky@archsoltteam.com
(480) 471-8267

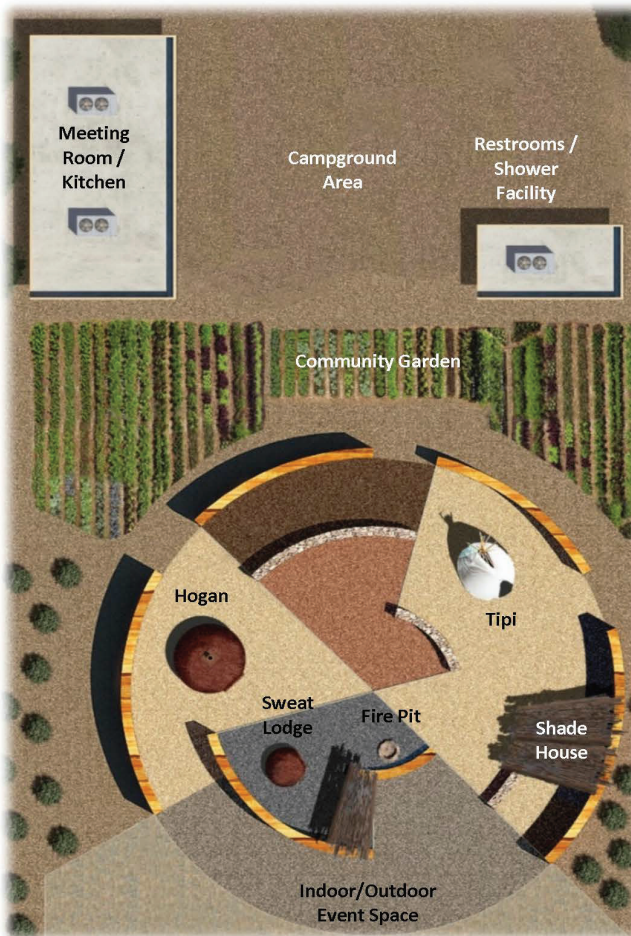


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The design concept may be developed as a Health Center Campus with a behavioral health facility (see right side images) or as a stand alone facility with site specific amenities (see center image).

Traditional Healing Circle
Construction Cost: The Architect's Conceptual Opinion of Probable Cost of Construction ranges between \$400K-\$900K. Behavioral Health Building Construction Cost: The Architect's Conceptual Opinion of Probable Cost of Construction is estimated +/- \$20M. The cost range may vary depending on the size, scope and quality of materials and construction required to represent your unique needs and desire for a Traditional Healing Circle and/or Behavioral Health Building. These costs will also be affected by code requirements as specified by the authority having jurisdiction over the construction project, i.e. Building Safety Division. Additionally, project soft costs and land acquisition are not included in the estimate. Initial construction costs will be offset by annual third party reimbursement for services rendered to eligible patients.



Design Concept:

The specific intent of this design is to combine western medicine and traditional healing into a service and facility for Native American populations.

Traditional Healing Features:

- Hogan
- Sweat Lodge
- Fire Pit
- Circular Holistic Design
- Tipi
- Shade House
- Community Garden
- Site Specific Amenities



TRADITIONAL HEALING CIRCLE WITH HEALTH CENTER

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Notes





Notes

